



Sandeep Sir's
Doon Defence Academy[®]
An Ocean of Success

Estd. 2005



Trishakti

Annual Magazine 2023-24

2nd Edition

Cadet

GAUTAM KUMAR

Selected in NDA- 152nd Course



Cadet
YASH SANJAY MAGDUM
NDA-II, 2023 Written Exam Qualified

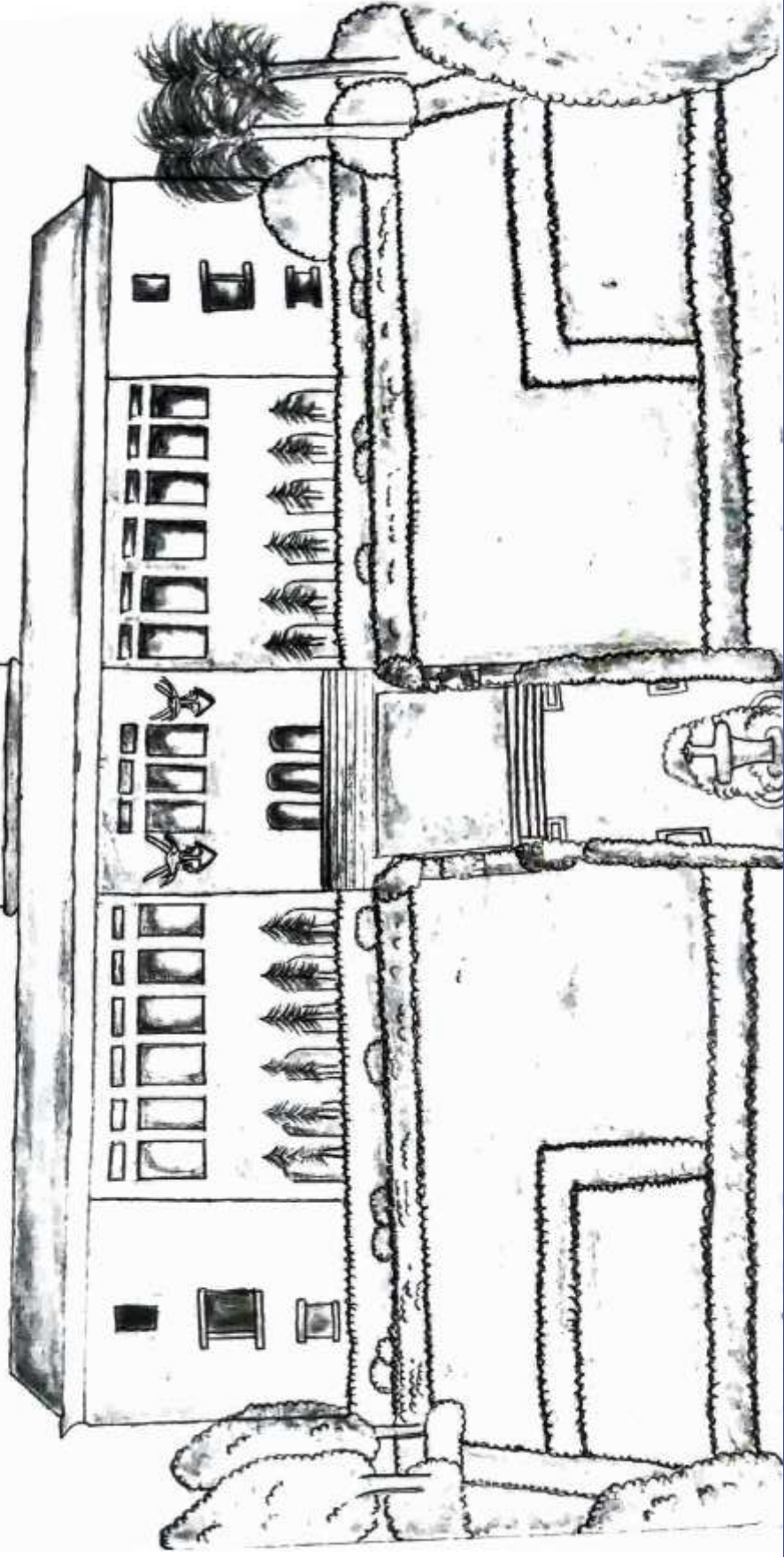
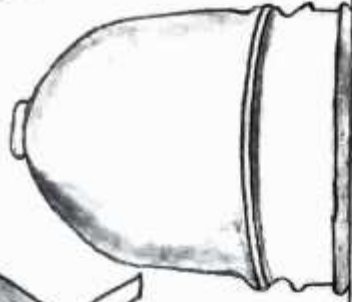


Cadet
DEEPAK DEV
NDA-II, 2023 Written Exam Qualified



Cadet
RAJVEER YADAV
NDA-I, 2024 Written Exam Qualified

KHADAK WASALA



PROLOGUE

I express my heartfelt thanks to the Almighty who has empowered me to take up the task of composing this magazine and enlighten the minds of the readers with all the activities that have taken place throughout the year 2023-24 at Pratham Pag-the foundation wing of Doon Defence Academy. I express my gratitude to all the faculty members for their immense hard work which resulted in the composition of this magazine.

INTRODUCTION

As quintessentially an institute with a track record of the highest selection of its students in the armed forces, Sandeep Sir's Doon Defence Academy Campus is in Dehradun. The man spearheading the institute is the Director, Mr. Sandeep Gupta, who has worked hard to bring the institute to its present state of success. Pratham Pag is a subsidiary unit of Sandeep Sir's Doon Defence Academy. DDA is an institute for training young minds and hearts to be perfected with skills and attributes that can help them get various coveted positions in defence. The dynamic personality of Mr. Sandeep Gupta is the supreme authority controlling all units of the institute. The director has a multi-faceted personality and knows the art of mentoring students and guiding them in the right direction. Mr. Sandeep Gupta was a submariner in the Navy, and after his retirement, he was determined to start an institute with a difference. Doon Defence Academy was indeed an outcome of his dream goal, and it was on August 15, 2005, that the foundation of Doon Defence Academy was laid. Since then, the director has never looked back. The Principal of Pratham Pag is Mr. D. N. Thapliyal. The credit for the institute's success goes to the DDA Team that has worked in coordination with each other with extreme dedication and loyalty to the Academy. Doon Defence Academy was set up to achieve one goal: nurturing the youngsters to possess the attributes of genuinely dynamic officers and cadets, which eventually leads to a complete transformation in them, and helping the youngsters acknowledge their latent potential by exposing them to a myriad of daunting tasks. With attributes of humility, honesty, integrity, alacrity, and intellectual and communicative abilities, the experienced and intellectual educators of DDA chisel out these youngsters to make them shine like diamonds and glorify the name of their alma mater.

After much scrutiny and research, the magazine has been composed, and I elicit a strong and overwhelming response from the readers since the magazine showcases the kaleidoscope of activities done by the Pratham Pag students. The response of the readers is relevant to making my dream a reality, and I have tried to make the magazine as engaging and intriguing as possible. I have taken the help of the DDA staff, faculty members, and ex-servicemen working in the Army, Navy, and Air Force to accomplish the task of launching the latest edition of Pratham Pag magazine in 2023-24. The magazine mirrors the complete list of all the activities done by the students throughout the year. With my experience and knowledge, I feel motivated to carry out my task with utmost sincerity and would welcome queries and suggestions shared through email (sandeepsirdda@gmail.com).

Editor of Doon Defence Academy
KIRAN SHARMA

INDEX

OVERVIEW

Pratham Pag	03
The Director's Message	04
The Deputy Director's Message	05
The Commandant Message	06
The Principal's Message	07
The Coordinator's Message	08
Cadet Gautam Kumar	09

EVENTS

Annaprashan and Inauguration	12
Spell Bee	14
General Knowledge Competition	15
Project File Demonstrate	16-17
International Yoga Day	18
Kargil Vijay Diwas	18
Free Dental Check-up Camp	19
Independence Day Celebration	20-21
Teacher's Day Celebration	22-23
Diwali Cultural Event	24-25
75th Republic Day Celebration	26-27
Bhajan Sandhya	28
Motivational Talk By Wing Cdr Deepak Kumar Tyagi	29
Holi Celebration	30
Witnessed Ranji Trophy Match	32
The Divine Vision of Mahadev at Tapkeshwar	34
Education Tour Wagah Border & Golden Temple	35
Visit to Lal Bahadur Shastri National Academy of Administration	36
Chandrayan -3 Live Launching	37
Visit to IMA for POP	38
Visit to Khalanga War Memorial	39
Uttarakhand Day	40
Class 11th Final Examination Topper	41
Class 12th Board Exam "Super 30"	42
NDA & JEE Written Exam Qualified Pratham Pag Cadets	43
Merchant Navy Exam & Interview Cleared Cadets	44

Creative Section

Sports Corner	45-54
Creative Corner (Essays/Poems)	55-65
Cadets Paintings	66-69
Sports Teams Group Photographs	70-73
House Wise Photographs	74-77
Faculty and Staff Members Group Photographs	77
Farewell Party	78-81

प्रथम पग

FOUNDATION COURSE **FIRST STEP**

गुरुर्ब्रह्मा गुरुर्विष्णु, गुरुर्देवो महेश्वरः ।
गुरुर्साक्षात् परब्रह्म, तस्मै श्री गुरुवे नमः ॥

Pratham Pag, the Foundation Wing of Sandeep Sir's Doon Defence Academy, was established on June 15th of June, 2022, by the Founder Director, Mr. Sandeep Gupta, whose dream was to establish an organization that could contribute immensely to the holistic development of the youngsters and transform them into dynamic officers who can valiantly shoulder the responsibilities given to them as per their distinguished ranks in the armed forces and merchant navy. With the Foundation wing of Sandeep Sir's DDA scaling new heights of success due to the highest selection of DDA students in the armed forces and merchant navy, the organization is continuously on its way to progress and has been expanding since its inception. From the year 2024 on, the institute will run classes from 8th onwards for boys and girls cadets, and the institute will conduct academic classes for 11th and 12th. The coordination of the Pratham Pag unit is indeed a huge task, as the students have to not only attend their academic classes in 11th and 12th but also manage time for their training to crack the NDA and Merchant Navy competitive examinations. The institute does not merely focus on their intellectual development but also their physical, emotional, social, and psychological development. It is a challenging task, and above that, entertaining their calls and tackling their problems takes ample initiative by the staff and faculty members, but we do it with a cheerful and generous spirit of promoting an amicably sound and healthy learning environment for all the students who become Pratham Pag stalwarts.

The mission of the Pratham Pag team is to guide the youth in the right direction and not let the youngsters go astray towards the destructive path. Youngsters of today have immense energy and potential, and if it is not fully tapped, they are bound to choose a path that leads only to darkness. The Pratham Pag Director, Mr. Sandeep Gupta, has taken up the noble mission to guide the youth and make them realize their immense potential with which they can serve the country.

The mission of the Foundation wing is to preserve the solid heritage of the past eighteen years formed by the efforts of DDA team members, during which thousands of students were transformed into exceptionally deserving leaders, cadets, and officers of rank and stature with a steely will to protect the motherland. Our motherland needs visionaries who are an inspiration for others as well. Our institute is an exemplary institute that imbibes the values much needed in the present-day world to make the students not only good human beings but also to instill in them the competitive spirit to meet all odds and surmount all obstacles that might come their way.



*" Education is the Key to
unlocking the world.
It is a passport to freedom."*

Director's Verbatim MR. SANDEEP GUPTA

As the Founder and Director of Pratham Pag and Doon Defence Academy, I feel elated to wish all the Pratham Pag cadets the best wishes for their forthcoming exams. I extend a hearty welcome to all the Pratham Pag cadets. I salute the Indian Armed Forces and the management team of yesteryear for their dedicated efforts in grooming the institute to its premium status today.

The focal point of the institution is its students. As a Director, I know that I am shouldering the responsibility of training these youngsters, and the training process encompasses educational, intellectual, psychological, physical, and interpersonal development that consequently aims at the complete transformation of the child into a dynamic and goal-oriented strong individual with a charismatic personality of influence and prestige. Spearheading the Pratham Pag team and being the controlling authority, I believe in steering my ship in a direction that is ethically correct, fair, and justified. I have indeed built up a culture of work, dedication, duty, responsibility, and teamwork.

In the contemporary era of competition, while academic excellence is foremost and vital, the development of soft skills holds equal relevance. Pratham Pag team and staff aim at not only grooming the students with the skills that can make them worthy but also making them worthy citizens with the attributes of loyalty and patriotism, along with building in them the resilience to face all circumstances and eventualities. Our youngsters are not born and bred in an environment conducive to their growth and development, but as mentors, we ensure a sound academic environment for learning to let the students develop in them a competitive spirit and make them future-ready for their dream goals. Pratham Pag is in itself a kaleidoscope of various developmental undertakings that bring about the required changes in any individual as desired by the students to be competent for the career the student has chosen for in defence. All our team members put in a lot of effort to bring the best out of a student so that he or she can crack the written and interview assessments of the defence competitive exam with flying colors. Defence is a

field where everything is transitory, and one can never rest on one's efforts alone. One needs to have an inkling of the requirements of the armed forces and then follow the designed pattern of preparation to get successfully recruited as a coveted uniformed officer with outstandingly remarkable intellectual and physical abilities congenial for the cadets to achieve distinguished designation as an officer.

I am sanguine that 'The Pratham Pag Team,' of which Pratham Pag prodigies are an integral part, is well-equipped with all the resources and capabilities to achieve the goal of establishing worthy and able youngsters in tantalizing defence ranks, unmindful of the challenges that might come their way, and I am determined to uphold the dignity of the team by navigating my ship in the direction of its destination. To surmount the most apparently impossible situations and scenarios, I seek cooperation and valuable partnership from the parents and invite them as volunteers to join us in our journey. As an institution with a difference, we strive for excellence and perfection in every field. We also imbibe in our youngsters the spirit of "country first," as we aim to provide our nation with a generation of dynamic, resourceful, intelligent, skilled, and empowered citizens to contribute to the development and growth of our country. As the Founder Director of Pratham Pag, I have won many awards on behalf of my selfless service to the nation in nurturing values of patriotism and building up the skills in the youngsters that are indeed mandatory for cadets and distinguished officers to command a battalion.

As the Director of Pratham Pag, I wish my Pratham Pag stalwarts all the best, and like a strong pillar, I will keep on supporting my cadets who are a part of this iconic institution.

MR. SANDEEP GUPTA
Submariner - Indian Navy (Retd.)
Director
Doon Defence Academy, Dehradun



*"Education is the Movement
from darkness to Light"*

Deputy Director's Epistle
MRS. DIVYA GUPTA

As the Deputy Director of Pratham Pag, I feel that it is essential for the educators at Pratham Pag to realize the humongous task of training the students for the defence competitive exam along with providing them with sound and suitable academic background to get a commendable score in their board examinations. We have provided the cadets with an environment that entertains the values of uniformity and creates an atmosphere of multiculturalism with cadets coming from different social backgrounds. They mingle with one another, irrespective of the social echelon, religion, class, region, and community to which the student belongs, representing unity in diversity. Just as the armed forces opened doors to female defence aspirants, Pratham Pag has built a team of professionals to support and guide both girls and boys on the path to their professional success with magnified enthusiasm. To our Foundation Wing, supervised by Sandeep Sir's DDA, carries an influential reputation for high academic standards and quality teaching. The Pratham Pag team is pledged to transform the lives of thousands of students by making them worthy citizens, humble humans, and valuable power forces to confront enemies during an emergency. Our team strives for quality classroom teaching and regular assessment through weekly tests and mock tests for a fruitful and result-oriented outcome.

MRS. DIVYA ASWAL GUPTA

Dy. Director, DDA

Ex Faculty, RIMC - Dehradun





*" An investment in Knowledge
pays the best interest "*

The Commandant Perception COLONEL SUDHIR VERMA

Foundation Course PRATHAM PAG is a novel initiative by the DOON DEFENCE ACADEMY for methodical academic and personality development of students. As all human development for a greater purpose rests on strong foundation, the curriculum is structured to enable students with the objective of developing their academic base and personality profile. The process of learning is made to develop the cognitive abilities, conceptual clarity and body mind fitness to undertake the future challenges in achieving their goals. The pre-requisite of enabling learning experience is channelized through strong faculty, updated and detailed study material and efficient logistic chain for holistic development. The pedagogy, teaching aids and smart classrooms with computer lab and library add to facilitate excellence in learning in technology based environment Good values and their optimal development is regular process inculcating the discipline, hard work, courage and social etiquettes in the cadets. Planned educational calendar for extra-curricular activities and consistent efforts towards academic excellence are the key objectives to be accomplished by Sandeep Sir's DOON DEFENCE Academy followed by SSB mentoring program to clear exams of NDA and Merchant Navy. Due care and diligence is exercised to afford the opportunity for cadets for physical and mental fitness through sports and games and extracurricular activities. Students are encouraged to grow up as a well-groomed personalities with strong academic base to achieve their dream career and aspirations in life.

COLONEL SUDHIR VERMA
Indian Army (RETD.)
Commandant
Pratham Pag - Foundation Course
Sandeep Sir's Doon Defence Academy



*"Set Your Goals :
Make Your Plans :
Chase Your Dreams"*

The Principal's Perception MR. D. N. THAPLIYAL

As the Principal of Pratham Pag, the subsidiary unit of Doon Defence Academy, I feel that an institute is the outcome of the efforts put in by the Directors, the DDA fraternity, and the cadets who are guided and directed by their mentors. No institute can achieve educational goals without the cooperation of its faculty members and students. In running an educational institute to its present state of prestige and denomination, it is imperative to hold on to the ethos of the institute by attaining our objective of successfully recruiting the maximum number of cadets to distinguished designations in the Armed Forces. This has become possible through meticulous scrutiny, research, and assessment systems to bring about the desired results every year. Therefore, it becomes imperative on the part of both students and educators to follow a specific code of conduct to maintain decorum in the institution. Moreover, in our esteemed Pratham Pag, the foundation unit of DDA, we make sure that the cadets are dealt with sympathetically and compassionately and are counselled suitably as per their dream ambition so that they are motivated to pursue a realistic goal as per their aptitude and interest. It is also equally important to let the cadets have a clear idea about the various facets and features of the different defence ranks they can opt for and to know exactly what they have aimed for themselves with a specific road map to the desired goal. After the brief counselling done by our academic experts, we tell them their study schedule, which is to be followed by them. We also try to dispel their doubts and make the possibility of their selection as clear as possible. In the process of imparting knowledge and making them future-ready to crack the NDA and Merchant Navy assessment rounds, we also imbibe in them the values of honesty, truthfulness, and patriotism to groom their personalities so that they metamorphose into dynamic young men with charismatic personalities to suit the designation they are aspiring for in the future. Our Foundation Wing is a compact team of experts made up of ex-servicemen from the Army, Navy, and Air Force, along with RIMC-experienced faculty members. We keep holding workshops and seminars with guest speakers to motivate our students from time to time. Our institute is indeed an amalgamation of all activities to develop the mental, intellectual, physical, psychological, social, and interpersonal skills of the students. Our website holds brief information about all courses, fee structure, batches, course curriculum for every competition, and all related information, including the forthcoming Army, Navy, Air Force, and Merchant Navy entries for which the Foundation wing students apply as soon as the vacancies are announced. As the Principal of Pratham Pag, I welcome the cadets and wish them all the best in all their future endeavors.

MR. D. N. THAPLIYAL

Principal

Pratham Pag - Foundation Course

Sandeep Sir's Doon Defence Academy

Former Vice Principal, RIMC- Dehradun



"A good Education is a foundation for a better life"

The Coordinator's Perception Chief Petty Officer Indian Navy (Retd.) UMESH KUNIYAL

Greetings, future leaders!

In Doon Defence Academy, we embark on a journey to explore two exciting career paths – the esteemed defence forces and the adventurous Merchant Navy. Both offer unique opportunities to challenge yourself, contribute significantly and travel the world (in very different ways). The motto of Academy is to empower students for success in their chosen career paths, while fostering their development into responsible and well rounded individuals. DDA has been actively equipping students with the knowledge and skills they need. As your training coordinator and centre head, I am thrilled to introduce you to two rewarding career fields : the armed forces and Merchant Navy. Are you someone who thrives on discipline and teamwork, ready to defend our nation with honour? Then the Defence forces might be your calling. Do you crave for adventure and want to master technical skills while travelling the globe? The Merchant Navy could be your perfect fit. There are many reasons why defence forces and Merchant navy careers can be attractive options, but it's important to remember "better" depends on your individual goals.

As a veteran of Indian Navy, I am here to guide you through the exciting world of these professions. Here are key highlights of these career paths:

Serve your country : Defend your nation's security and contribute to global peace efforts.

Develop discipline and leadership : Become a role model with exceptional teamwork and leadership skills.

Stability and benefits : Enjoy job security, excellent benefit packages, and opportunities for advancement

High earning potential : Merchant Navy careers often offer competitive salaries and tax benefits

Adventure and challenges : Embrace the thrill of life at sea and the responsibility of commanding large vessels.

These are both strong career choices, but they offer different benefits. The defence forces are ideal if you prioritize serving your country, value discipline, and enjoy a structured environment. The Merchant navy is a great fit if you crave adventure, want to travel the world, and have a passion for technical skills.

Ultimately, the best option is the one that aligns with your personal interests and goals!

UMESH KUNIYAL

Chief Petty Officer-Indian Navy (Retd.)

Defence/SSB/ Merchant Navy Course Coordinator

Sandeep Sir's

Doon Defence Academy

Celebrating
Our Proud
Prodigies

AIR 579

Cadet

GAUTAM KUMAR

Selected in NDA- 152nd Course



Gautam Kumar's selection in NDA 152 Course set a precedent for all the Foundation Wing stalwarts to work consistently so that their selection is confirmed and they have been finally selected to be ready for their training at Khadakwasla. Gautam Kumar a Pratham Pag student who just appeared for his class 12th board exams in March 2024 got selected in NDA 152 Course by getting qualified for NDA written exam and then the SSB interview. As Gautam aimed to be a Uniformed officer, he got through with flying colors. This was possible due to the rigorous preparation Gautam had undergone as Pratham Pag student after he enrolled as a student of Foundation wing of Sandeep Sir's Doon Defence Academy. He is another golden feather on the cap of Sandeep Sir's DDA.

His All- India rank was 579 and he confessed that he could qualify the NDA exam due to the studious environment he was exposed to, at Sandeep Sir's Foundation Wing- Pratham Pag. His parents and mentors swelled with pride at his stupendous performance and he pledged himself in a dutiful manner to the obligations he had towards Indian Armed Forces. DDA fraternity congratulated him on his exceptional success.

CONGRATULATIONS! YOU HAVE MADE US PROUD



Beginning of
The New Session
2023-24



Annaprashan and Inauguration Of Pratham Pag Hostel

On March 25, 2023, the inaugural ceremony of the Pratham Pag Hostel building was conducted with a small havan (pooja) in the presence of important DDA and Pratham Pag faculty and staff members and some selected DDA members to initiate the new Pratham Pag Hostel block that is near the DDA campus building. The inauguration was followed by the Annaprashan Hindu ritual, which was conducted by the Director, Mr. Sandeep Gupta, to observe the Hindu tradition of the rice feeding ceremony (Annaprashan) and express reverence to the Almighty for the success of his mission.

After the inaugural ceremony was performed at the new hostel building for the Pratham Pag cadets, they have started the boarding and lodging in the new hostel building. The building has been structured keeping in view the most advanced facilities for boarding and lodging to be made available for the students for a comfortable stay. The Founder Director, Mr. Sandeep Gupta, has conveyed the message that DDA wants to provide the best boarding, lodging, and dining facilities to the Pratham Pag students, and to achieve this objective, the institute has taken the step of setting up its hostel for the accommodation of the Pratham Pag prodigies to closely monitor their progress and ensure the full safety of the Foundation Wing cadets. On this gracious occasion of achieving a new milestone and making the praiseworthy step a cherished memory, many academicians and educators accompanied the Founder Director, Mr. Sandeep Gupta, including his batch-mates with the DDA staff and faculty members. The eventful gathering of DDA functionaries marked a new beginning in the history of DDA and Pratham Pag.



MAJOR EVENTS DURING THE ACADEMIC YEAR 2023-24

New Year Celebration at DDA
A Cultural Program Held To Mark The Beginning of The New Year

'Coming together is
A BEGINNING

Keeping together is
PROGRESS

Working together is
SUCCESS'

Spell Bee

'Your positive action combined with positive thinking results in success'

To widen the ambit of the competencies in terms of vocabulary, lexical resources and word power for the Pratham Pag prodigies, the administration of the Foundation Wing organized an Inter-House Spell Bee Competition on May 22, 2023, in the DDA Hall in which the vocabulary virtuosos demonstrated their expertise by correctly guessing the spelling of difficult words. Because the competition was graded by class, the most worthy kids with the highest marks were chosen. The competition consisted of two rounds: the first was a written test, and the second was to enunciate the word audibly. According to the regulations of the tournament, all competitors were given an equal opportunity; Thal and Vayu House shared the first prize, while Jal House earned the second prize. On this occasion, the officer in charge was Mr. Sumit Panwar, and the distinguished judges were Mr. Sachin Gupta and Ms. Sadhna Uniyal. The master of ceremonies was cadet Aditya Tripathi. The event culminated with the announcement of the results, and the prizes and certificates of achievement were awarded to the cadets.

House-Wise Positions	
House	Position
Thal House and Vayu House	1st
Jal	2nd

Individual Positions		
Contestants	Position	Marks
Cadet Deepak Dev	1st	30
Cadet Gautam Kumar, Adarsh Tiwari, Utkarsh Kumar, Ayush Lohar	2nd	25
Cadet Shiva Krishana	3rd	20



GENERAL KNOWLEDGE *Competition*

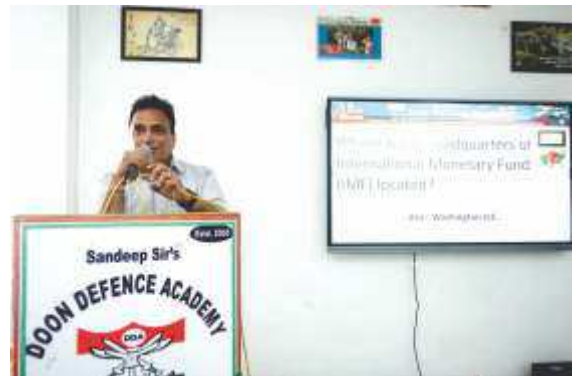
Competitions are an inevitable aspect of a scholar's life. To foster General awareness among the youngsters of Pratham Pag, the Foundation Wing of Sandeep Sir's Doon Defence Academy held an Inter-House General Knowledge Quiz on May 27, 2023, for Pratham Pag prodigies. With the objective of enhancing their general knowledge and awareness through a series of questions asked in the quiz, the competition was organized. The Quiz was enthusiastically attempted by general knowledge prodigies from all three houses Jal, Thal and Vayu. The G.K. Competition comprised five rounds in which questions and googlies were posed to Pratham Pag stalwarts on a variety of subjects such as English, Science, G.K., Mathematics, and Current Affairs.

Dr. Giriraj Gupta, the quiz master, posed questions on a myriad of different themes, the majority were related to politics and the current events. The Quiz Master, Mr. Giriraj Gupta, flung questions in an engaging way to energize and engage the quizzers and bystanders, making the event exciting for the competitors and audience. Honourable Director Mr. Sandeep Gupta was the event's special guest.

Winners - Thal House Shines Brandishing The Winning Trophy

House-Wise Positions

House	Contestants	Position
Thal	Cadet Mritunjay Pratap Singh, Devpreet Singh, Shiva Krishna and Deepak Dev. S.	1st
Jal	Cadet Paras Vashisth, Yash Sanjay Magdum, Utkarsh Kumar, and Ayush Lohar	2nd
Vayu	Cadet Maanav, Priyansh Jaryal, Gautam Kumar, and Adarsh Tiwari	3rd



Pratham Pag Prodigies Demonstrate Science Exhibits And Models To Embellish The Science Exhibition At Apollo School

WORKING MODELS PRESENTED BY YOUNG PRATHAM PAG PRODIGIES AT THE SCIENCE EXHIBITION IN APOLLO INTERNATIONAL SCHOOL

In the Science Exhibition, the science wizards and whiz kids of Pratham Pag displayed their science working models that were well structured, well labelled, and immaculately presented. Their innovation, creativity, and conceptual understanding of the scientific themes left the spectators mesmerized.

Chemistry

Pratham Pag prodigies displayed colorfully embellished and immaculate models based on the theme of bioplastic. They elaborated on how the moldable plastic material is composed of chemical compounds of cornstarch, glycerine, and food coloring agents. The spectators lauded their efforts to showcase the preparation of bioplastic and the uses of bioplastic, which were biodegradable and environmentally friendly. The configuration and composition of different molecules forming different shapes and different geometrical structures in different compounds was a fantabulous display of their genius.

Participants of the Projects demonstrated

Preparation of Bioplastic - Adarsh Tiwari, Hemant Kumar and Aditya Tripathi

Geometry of Chemistry - Devpreet, Aniket Negi, Arman Nandi and Shiva Krishna

Physics

Various relevant and engaging themes were represented by the physics wizards of Pratham Pag, including a model

of a wheat stone bridge, the working of a transformer, the conversion of mechanical energy into electrical energy in an AC generator, a full wave rectifier, the concept of the Archimedes Principle and buoyant force with the model of a boat and its motor, and the model display of photoelectric effect.

Pratham Pag Physics virtuosos presented working models on relevant themes related to Defence-based Physics and the students swelled with pride when they elaborated on Hydraulic lift of Bridge, Demonstration of Jet fly, and the concept of air pressure while exhibiting their models to the bystanders.

Participants of the Projects demonstrated

Wheat Stone Bridge - Sumit Sharma, Kavya Gurung, Vaibhav, Vikram Singh, Devansh Chaturvedi, Akshat Chaudhary, Priyanshu Mishra and Jai Kumar.

AC Generator - Naitik, Arjun Yadav, Mallor Mohite, Satyajeet Patwari, Alok Raj Garg

Transformer - Gagan Singh, Shekhawat, Divyansh Bisht, Om Sargam, Tanmay Chauhan, Hardik.

Full Wave Rectifier - Mrityunjay Pratap, Pritesh Yadav, Vishwapratap Sikarwar, Gondgire, Vinit Vishal, Mayank Patel.

Concept of Archimedes Principle and Buoyant force with the help of boat and motor -

Milan Singh, Priyansh Jaryal, Bhavisya, Abhishek Kumar, Aditya Chaudhary, Aatm Raj, Harsh Sharma

Model of Hydraulic Lift - Mayank Dongre, Saksham Singh Rathore, Utkarsh Kumar, Mayank Chourasia, Ayush Bishnoi

Model Demonstration of Jet Fly and Concept of Air Pressure - Ayush Lohar, Subhodip, Ashish, Bhaskar Sharma, Jonathan.

Mathematics

Spectacularly adorned, well-structured, and well-labelled project models based on relevant themes of mathematics by the Mathematics Whiz Kids of Pratham Pag. The science exhibition featured projects based on mathematics and these exhibits left the spectators spellbound and amazed at their observation, innovation, and immaculate demonstration. All the working models exhibited laborious efforts, innovation, a scientific approach, a practical understanding of scientific concepts, and a spirit to excel in



all spheres of life. The models were the collaborative efforts of Mathematics Whiz kids of Pratham Pag.

The trigonometric Park - Deepak Dev, Sarandeep Singh, Namaste Agrawal, Narayan Dutta, and Jagjeet Singh.

Integrating Machine - Gautam Kumar, Yash Raj Magdum, Nikhil Kumar, Gyanendra Yadav, and Utsav.

English

The project summary is a concise and important document that includes an overview, intellectual merits, and broader impacts sections. These sections are very important and need to be defined precisely. An expertly written project overview is a potent tool for project management, streamlining procedures, and bringing all team members and stakeholders together. It gives a quick overview of the project's development, key achievements, metrics, and schedule updates. On the inside, it facilitates efficient collaboration between staff members, project managers, contractors, and service providers by allowing them to track progress.



Participants of the Projects demonstrated

Road Side Stand - Cadet Maanav Kushwaha, Yash Sanjay Magdum, Yuvraj Nigam, Shreya Prasad, Shreyas Shashikant Mohite & Ansh Trivedi

My Mother at Sixty Six - Cadet Prajjwal, Aditya Kumar, Anish Kumar, Priyanshu Raj & Ankush Kumar

Thing of Beauty - Paras, Vipul, Bhargav, Devansh Saini & Tejas

Physical

Yoga - Asans

Showing different asans in a park. Showing 4 Categories of Asanas - Standing, Sitting, Prone and Supine postures

It is followed by sitting Asanas which are good grounding Asanas and provided an excellent stretch to the Back and Neck.

Participants of the Projects demonstrated

Yoga Asanas - Cadet Mohit Koshyari, Tanishk Joshi, Shashank, Ankit Singh & Prateek Kashyap

Basketball

A3 - Dimensional model showing the dimension and measurement of the game with the players positioned on the ground. The model showcased the players playing the game and the spectators enjoying the match.

Participants of the Projects demonstrated

Basketball - Cadet Rahul, Tanishq Singh, Saksham Tomar, Hemant Rajora & Raushan Kumar

Football

A3 - dimensional model is displayed a structure of the game football in which players are seeing participating in the game with proper positioning of the players in the field and the spectator are seen at the Pavilion.

Participants of the Projects demonstrated

Basketball - Cadet Omji Singh, Shashank, Deepansh, Rohan Gurung, Animesh Borah, Sanchit & Satyajit Patwari



INTERNATIONAL YOGA DAY

YOGA DOES NOT JUST CHANGE THE WAY WE SEE THINGS, IT TRANSFORMS THE PERSON WHO SEES'

On June 21, 2023, Sandeep Sir's Doon Defence Academy observed International Yoga Day by transporting Pratham Pag and DDA students to the Community Centre at Defence Colony for a mass yoga session led by Yoga mentor Shri Vijay Kumar, who made the Pratham Pag and DDA students exercise a combination of various intricate physical poses and postures along with breathing exercises (Pranayam), meditation, and twists and turns. I.M.I. Core Veteran Non-Political Sainik Sansthan organised the session. The main objective of the workshop was to raise awareness among the cadets about their health, mental and physical so that they can cure themselves of various ailments by doing yoga and also take measures to remain away from chronic ailments by adopting a healthy lifestyle. Yoga is the only way to get rejuvenated and invigorated so that the spirits of the people who engage in meditation and Yoga gets uplifted from the mundane stress and anxiety of everyday life.



KARGIL VIJAY DIWAS

On July 26th, Sandeep Sir's Doon Defence Academy commemorated Kargil Vijay Diwas, marking the 24th anniversary of India's triumph over Pakistan in the Kargil War of 1999. This historic victory saw the Indian Army reclaiming all prominent posts at heights in Kargil previously occupied by Pakistan. The day pays homage to the valor and sacrifice of Indian soldiers who bravely defended the nation's honor despite heavy artillery bombardment following Pakistan's incursion across the Line of Control into Kargil, Jammu and Kashmir.

Special Guest Mr. Anand, the DAV Principal, addressed the audience and unveiled a book on English grammar and composition, stressing the importance of mastering English for success in various aspects of life.

Notable heroes like Captain Vikram Batra, Lt. Manoj Kumar Pandey, Major Rajesh Singh Adhikari, and Major Vivek Gupta, among 527 others, sacrificed their lives in the pursuit of safeguarding national integrity. Their unwavering dedication remains an inspiration to all Indians.

Various events and parades were organized in the Indian Army, Navy, and Air Force to honor the soldiers. Union Defence Minister Rajnath Singh and Chief of Defence General Anil Chauhan paid respects at the War Memorial in Drass, Kargil, laying wreaths in memory of the fallen heroes. Additionally, 559 lamps were lit in remembrance of the courageous soldiers who immortalized their memory through dynamic heroism.





FREE DENTAL CHECK-UP CAMP

BY DR. ASTHANA JABIN (B.D.S., M.D.S.)
AT SANDEEP SIR'S DDA

Sandeep Sir engages actively and frequently in social welfare activities, like organizing welfare campaigns for the marginalized section of society to promote the health and well-being of the general public. He exemplifies through his deeds the true spirit of helping the less fortunate as he is a role model for his DDA Diamonds and Pratham Pag prodigies. Keeping in view this noble cause, Sandeep Sir's DDA organized a free dental check-up campaign. The dental campaign was conducted through the amalgamated efforts of DDA Director Sandeep Gupta and First Smile Family Dental Clinic. On the occasion of the 19th anniversary of DDA, 'First Smile Family Dental Clinic and Implant Centre,' located at Sahastradhara Road, was set to campaign for providing free dental check-ups to people from 9 a.m. onwards on August 12, 2023, at the DDA Head Office. The camp has been organized to help those patients who were unable to afford very expensive treatment and needed necessary consultation from experienced dentists. Dr. Asma Jabin is a pedodontist and oral implantologist. The campaign was a collaborative effort of both the First Smile Family Dental Clinic and Implant Centre and Sandeep Sir's Doon Defence Academy to provide help and medical aid through free checkups to the less fortunate and marginalized sections of society. Sandeep Sir's DDA is ready to come forward for the cause of providing free health care to the destitute and marginalized sections of society.



INDEPENDENCE DAY AND 19TH ANNIVERSARY OF DDA



“May our honoured Tiranga always fly high to touch the heights of the sky and never get bowed down to the storm gales”

On the 77th Independence Day of India and the 19th Anniversary of Sandeep Sir's Doon Defence Academy, Independence Day was celebrated and observed on the DDA campus. To mark the day of National relevance when India was bestowed with the gift of freedom and the British were told to leave our country, the hoisting of the National Flag was witnessed. The Staff, faculty, and cadets of Pratham Pag and DDA jointly participated in the event. The day holds historic importance as it commemorates the heroic deeds of our martyrs and National heroes who bravely sacrificed their lives for the precious gift of freedom that we all enjoy today. The celebration of the National Festival instills in us gaiety, enthusiasm, and a feeling of being united despite diverse cultures, regions, religions, and communities. On this special day, the National Flag was unfurled at the DDA campus in the presence of the Directors, delegates, staff members, and faculty members, along with the students. Thereafter, the reverberation of the National Anthem and the songs or dance performances to convey the message of unity, brotherhood, and patriotism will adorn the day.

Pratham Pag cadets participated in a group march with the patriotic theme “Meri Matti Mera Desh”. They commenced their foot march from National Hydrographic Office till a far away point at Rajpur Road. Thereafter they watched a patriotic movie named ‘Gadar-2’. The National festival featured patriotic songs and speeches and a rhythmic rendition of the National Anthem. The distribution of sweets followed a tea and snacks party for the staff. The selected stalwarts were honored with a cash prize of 10,000 and the program culminated with a vote of thanks by the anchor.

On this glorious day of National importance, the inaugural function of the new building, Nalanda, along with the opening ceremony of the new computer laboratory took place in the presence of the entire DDA family. The guest visitors included some alumni who are now recruited in the armed forces, and cadets who were selected in the Air Force graced the occasion with their presence on the great day.

The birthdays of all the August-born cadets of Pratham Pag in the cake-cutting ceremony.





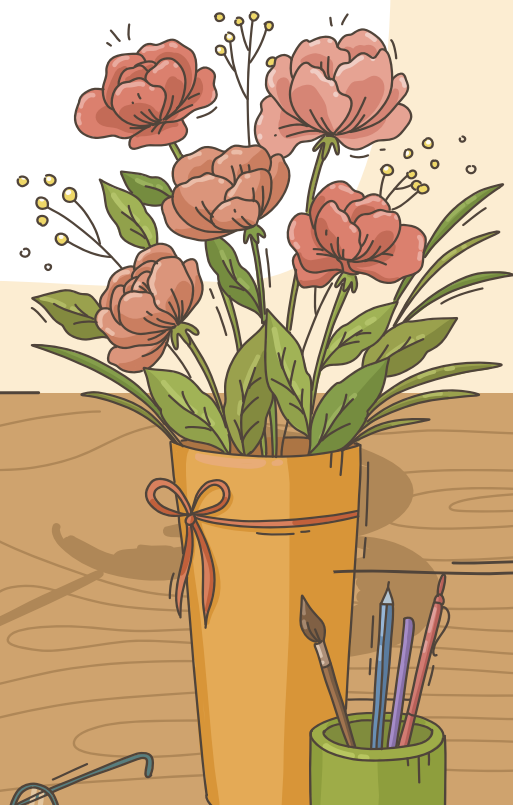
TEACHERS DAY *Celebration*

The occasion of Teachers Day, on September 5, 2023, was observed to pay tribute to all the educators and mentors, and the day marked a fanciful celebration with the cadets displaying great enthusiasm to express their gratitude to the exceptionally deserving mentors whose efforts count a lot as far as the bright future of the cadets is concerned. While addressing the audience at the felicitous occasion, the DDA and Pratham Pag Director, Mr. Sandeep Gupta, congratulated all the educators and teachers. He urged the cadets to honor and acknowledge the selfless efforts of their mentors and pay them the due respect they deserve, and said that a teacher plays a vital role in the life of a student because it is with knowledge, patience, love, and care that he molds the future of his trainee.

In his welcome address delivered by the Pratham Pag cadets, Ayush Lohar addressed the delegates, including the Director, Mr. Sandeep Gupta, Deputy Director, Ms. Divya Gupta, Commandant and Head of the SSB Wing, Colonel Sudhir Verma, and other faculty and staff members, along with the cadets who were present during a lavish function. cadet Ayush presented a warm welcome to all the members of Pratham Pag, expressed his gratitude to all the spectators present, and then went on to assert the importance of the day and the reason why it is celebrated.

Many thrilling stage shows were displayed by the cadets to entertain their teachers. cadet Aditya Prashar presented a hilarious dance on the Bollywood track 'Gadi Le Ke'. Cadet Kavyansh Rana and Cadet Divyansh Bisht—the two vocalists—presented a rhapsodic rendition of a duet with the backdrop of the musical melody. Devpreet Singh presented a parody (a mix of many musical melodies), and the stage artists received thunderous applause from the audience. The duet "Vo do din bhi kya din, choreographed by cadet Kavyansh and Divyansh Bisht, received huge appreciation and a clamor of applause. A Nepali song was sung in indigenous Nepali by cadet Ayush Lohar, and the beatboxing rendition was presented by cadet Rohan Gurung and Shubhodeep Chatterjee, filling the foyer with a reverberation of thunderous applause from the mesmerized audience. Cadet Kavyansh Rana, Deepansh Srivastava, Divyansh Bisht, and Shubhodeep Chatterjee expressed their reverence and gratitude by singing the mellifluous song 'All is Well' from the famous Bollywood film '3 Idiots, and their musical melody was spell-binding.

After announcing the conclusion of the program, the head of the SSB Wing and Pratham Pag Commandant, Col Sudhir Verma, wished all the teachers on the occasion of Teachers Day and their significant contribution in building the destiny of a nation. He acknowledged the commendable artistic stage performance by all the vocalists, musicians, and dance enthusiasts of Pratham Pag. The cake cutting ceremony was conducted thereafter.





Diwali Cultural Event

PRATHAM PAG PRODIGIES CELEBRATED THE FESTIVAL OF LIGHTS DIWALI WITH A CULTURAL STAGESHOW

Festive occasions bring in a lot of joy and happiness in the lives of all of us, and Diwali, being a festival of lights, holds a special place in India, a country of festivals where every month a festival is celebrated owing to the secular tapestry of the communities into which the country is bound.

A magnificent Diwali cultural event was celebrated by Sandeep Sir's Doon Defence Academy for the students of Pratham Pag and DDA to give them relief from the mundane schedule of study, classes, and exams. On November 9, 2023, the Chief Guest Admiral (Retd) Vinay Badhwar was given a grand welcome, and the event was inaugurated with a welcome note to cordially invite the Chief Guest and other special guests for the occasion. A speech on Uttarakhand Foundation Day was delivered by cadet Utkarsh, Mayank Dongra, and Aditya Tripathi, followed by a hilarious pop dance to rock the stage, was presented by Ria, Ashika, Sahej, Payal, cadets Kavya, Rohan, Vinit, and Animesh—the cadets of the Foundation Wing of DDA. A sensational song was

sung by Cadet Devyansh and Subodeep from the Foundation Course, followed by a stage play by Cadet Azeem and his team from the Foundation Course. The audience then enjoyed a solo dance to a Bollywood song by Cadet Aditya from the Foundation Course. A Bhangra dance by Cadets Bhaskar, Kamaldeep, Sarandeep, Tejesh, Deepak Devs, Sarthak, Devpreet, Jagjeet, Naryan, Aditya Dubey, Akshay, Ashish, Shiva, and Krishna on the rhythmic beat of the musical notes enthralled and thrilled the audience. The event went on display with a rap performance on 'Wo meri Ma hai' by Satvik (NDA), which indeed was sensational and captivating.

A pleasantly mellifluous musical song was sung by Sushant on the Bollywood song "Mere Sapno Ki Rani," followed by a Haryanvi dance by Anjali, a student from the NDA Course. A swaying dance was then staged by Atul, followed by another dance performance on a Bollywood song by Bipasha, which enthused the audience. A Mashup song by Prakash and another song by Mr. L.P. Thapa, "Ye Raatein Yeh Mausam," were then followed by a Mashup dance by Sahaj and a Punjabi dance by Muskaan. Astha staged a dance on the rhythmic tune of a Bollywood song. All the performances of the cultural event were thrilling and spell-binding enough to captivate the audience and make them feel happy with the stage performances. A play on surgical strike was staged to fill the hearts and souls of the audience with patriotic fervor. A prize distribution followed thereafter to give away the prizes to deserving students of the DDA and Foundation wings who got selected for the NDA, Indian Navy, etc. Donations were also given to some NGOs working for deprived children who are orphans and physically disabled. The cultural event came to a close with a speech by the DDA Director, who expressed gratitude to all the people, chief guests, and students who made the program a great success. The event culminated with a speech by the Chief Guest Admiral Vinay Badhwar, who appreciated the performances of the students, and a vote of thanks by Col. (Retd) Sudhir Verma.





THE 75TH REPUBLIC DAY



Sandeep Sir's Doon Defence Academy marked the 75th Republic Day on January 26, 2024, with a grand flag-hoisting ceremony at 9 am. The event, graced by Team DDA, DDA Diamonds, Pratham Pag staff, faculty, and students, was presided over by Directors Mr. Sandeep Gupta and Mrs. Divya Aswal Gupta. Mr. Sandeep Gupta delivered a motivational address to the attendees after a warm welcome.

January 26 holds historical significance as the day when India's constitution was officially implemented in 1950, marking the transition to a republic. Sandeep Sir's DDA paid homage to this day by hoisting the National flag, symbolizing India's cultural heritage and the sacrifices of its heroes. Pratham Pag cadets Ayush Lohar and Saksham Tomar delivered inspiring speeches.

The celebration included a blood donation campaign in collaboration with Indresh Hospital and a prize distribution ceremony for CDSE and NDA weekly test toppers. The outstanding performers received cash prizes, certificates, and medals, recognizing their hard work and dedication. The entire event was live-streamed on Facebook for online viewers.

The day concluded with the distribution of sweets and refreshments, followed by a vote of thanks, bringing an end to the memorable Republic Day celebration at Sandeep Sir's DDA.





THE RHAPSODIC RENDITION OF THE BHAJAN ENTHRALLED THE DDA FRATERNITY



THE RELIGIOUS INCANTATION OF THE DEVOTIONAL SONGS AS AN INVOCATION TO THE ALMIGHTY FOR A GLORIOUS RESULT OF PRATHAM PAG PRODIGIES

On the 8th of January 2024, an auspicious event of the devotional invocation was observed at Sandeep Sir's Doon Defence Academy to pray for a glorious academic performance in the class 12th board exams by Pratham Pag prodigies. The devotional evening of prayers and bhajans to blend to the musical tunes was conducted by the religious Guru Balram and party. The

auspicious event began at 2 pm and continued till 5 pm. The devotional singing of the prayers as a rhapsodic rendition was supplemented by various anecdotal and cultural fables presented skilfully by Shri Balram and his team members. The invocation was so heart-touching and full of spiritual depth that it provided an insightfully satiation to the devout devotees who seek peace and get enraptured by their connect with the Almighty.



Motivational Talk By

Wing Cdr
Deepak Kumar Tyagi (Retd-IAF)

on the occasion of **INDIAN AIR FORCE DAY**



On the occasion of Indian Air Force Day observed on October 8, 2023, to pay homage to the Indian Air Force staff serving the air wing of India, Wing Commander Mr. Deepak Tyagi, (Retd - IAF) and Air Force Command examiner, was invited to address the DDA Diamonds and the Pratham Pag stalwarts to motivate and inspire the young students to pursue their goal passionately. The Air Force Command Examiner conducted various seminars and workshops as a part of the personality development training for the wards of air warriors and civilian students as a part of the Air Force publicity campaign in Hyderabad and Lucknow. He is also a visiting faculty member at Dev Bhoomi University to conduct workshops for BBA, B. Com., MBA/Engineering graduates in public speaking and personality development. Also, he is a visiting faculty member at DIDA Dehradun for coaching students in psychology for SSB. The DDA Diamonds and the Pratham Pag stalwarts are anxiously looking forward to listen to his motivational talk. The guest lecture by the Wing Commander was an eye-opener for the cadets when they came across the fact that life in the Indian Air Force was full of new challenges every day. In his formal address to the Pratham Pag and DDA students, the Wing Commander first conveyed his heartiest wishes on Indian Air Force Day and made the students realise that being in the Air Force is not just a job but a life in which the Air Force officers have to face new challenges and new ordeals. The Indian Air Force is an organisation where the first and foremost attribute required is to serve the nation with the utmost dedication.



Holi Celebration

Let us spread the colours of
Joy, Love and Friendship
everywhere on the auspicious occasion of holi

A colorful festival of Hindus is Holi and Holi is celebrated with great fanfare by all the Hindus to mark the victory of Lord Vishnu over Hiranyakashipu in his role as Narasimha Narayana, signifying the victory of good over evil. It celebrates the eternal and divine love of the deities Radha and Krishna.

Sandeep Sir's DDA wished all the teachers, the students and staff a very happy and prosperous Holi festival in the company of their friends and family. During Holi Festival, the DDA team members assembled to celebrate this auspicious festival with Pratham Pag and DDA cadets. On the occasion of the Holi, a Holi-get-together was organized for all the faculty members, and staff members on 22nd March 2024 (Friday) at 10.30 in the morning. All the faculty members and staff members were cordially invited. All the members were present on the Holi get-to-gather and the students and teachers together made the hallowed festival special by smearing each other with vibrant colors and having a group dance on the rhythmic tune of Bollywood songs.





Trips and Expeditions

Pratham Pag Cadets Witnessed Ranji Trophy Match

Pratham Pag, the foundation wing of Doon Defence Academy, regularly conducts trekking expeditions, functions, celebrations, and adventure events. On the 3rd of January, the Ranji Trophy Cricket Match was held at Abhimanyu Cricket Stadium in Dehradun, which was 8 km away from the Doon Defence Academy Campus. Doon Defence Academy scheduled a trekking excursion to Abhimanyu Cricket Stadium, located 8 km from Doon Defence Academy Campus, for the cadets of Pratham Pag, as DDA wanted the cadets to watch the Ranji Trophy match that was held between the two teams representing West Bengal and Uttarakhand on January 3, 2023. The main objective of planning this trekking journey to the Cricket Stadium was to make the cadets tough and develop in them a spirit of patriotism and analytical ability regarding how to achieve new goals through hard work and dedication.

The cadets were escorted by the hostel wardens and members of the administration, including the director, Mr. Sandeep Gupta, on their trekking journey, and the cadets relished nature's beauty on their way to Abhimanyu Cricket Stadium. Refreshments were served to the cadets when they reached the Cricket Stadium. They were also served a sumptuous lunch after the trekking expedition to the stadium. They enthusiastically witnessed the match between the two rival teams while also cheering for the team representing Uttarakhand. Uttarakhand won the toss and decided to field. The Uttarakhand bowlers bowled extremely well and competed with great zest to win the match. The umpires were Abhijit Deshmukh and Sabyasachi Sarkar. As spectators, the Pratham Pag students cheered the team representing the Uttarakhand team and exhibited immense excitement. Uttarakhand came to bat in the second half. After a tough front put up by both teams, the match was declared a draw. The man of the match was AR Easwaran. Bengal scored 387 all-outs with no wickets left. Uttarakhand scored 272 all out in 105.3 overs. Pratham Pag cadets confessed to having a refreshing and very adventurous trekking experience, and they acknowledged the efforts made by the Pratham Pag administration for organizing the trekking expedition, the refreshments, the lunch, and above all, the most exciting cricket match to boost their courage and to develop the mental and physical tenacity that is generally lacking in the technology-driven youngsters of today due to a lack of physical activity. The mentors at DDA are doing a fantastic job of making the youngsters agile and tough by helping them achieve challenging goals full of adventure and excitement.







MESMERIZED TO GET THE DIVINE VISION OF MAHADEV

VISIT TO TAPKESHWAR TEMPLE

Sandeep Sir's Doon Defence Academy recently organized an educational tour to Tapkeshwar Temple, a revered and auspicious site in Dehradun dedicated to Lord Shiva. The students were enthralled by the divine atmosphere and the opportunity to witness the ancient deity. This excursion was part of the academy's commitment to holistic development, offering cadets various activities such as art, music, debates, and visits to prominent locations in Dehradun.

Led by Mess In-Charge Mr. Rajneesh Sharma, HR Mr. Manish Sawant, Chief Warden Mr. Jagmohan Kothari, and DI Mr. Dhirender Rawat, along with wardens from Jal, Thal and Vayu House, the cadets embarked on this enriching journey.

Tapkeshwar Temple holds a significant place in Hindu mythology, with its history dating back 6000 years. Legend has it that when Dhronacharya faced difficulties feeding his son Ashwathama, he sought refuge in this cave. It is said that Lord Shiva provided sustenance to Ashwathama through the milk droplets trickling down the Shivling. Since then, the temple has been a pilgrimage site, attracting devotees who seek the divine blessings of Lord Shiva.

Visitors traditionally start their pilgrimage by taking a holy dip in the River Tons before seeking the deity's darshan. The temple's historical and religious importance, as mentioned even in the Mahabharata, continues to draw thousands of devotees annually, highlighting its enduring significance in Indian spirituality.



EDUCATIONAL TOUR

WAGAH BORDER & GOLDEN TEMPLE

An educational tour to Wagah Border-Amritsar was organised for the Cadets of Pratham Pag, the foundation wing supervised and regulated by Doon Defence Academy. The cadets of Pratham Pag and DDA were overwhelmed with thrill and excitement to see the retreat ceremony conducted ceremoniously and formally at Wagah Border. Not only did the cadets of Pratham Pag and DDA enjoy the retreat ceremony, but thousands of Indians present there too were overjoyed and thrilled to witness the retreat ceremony and shouted the patriotic slogans that reverberated all across the Wagah Border. Apart from Wagah Border, the cadets were taken on a sightseeing tour to Jallianwala Bagh and the Golden Temple. All the cadets offered their reverence to the auspicious place of worship by prostrating before the holy shrine and religiously accepting the holy offering (Prashad) and the auspicious meal (langar).

Then the cadets reached the Jallianwala Bagh and they were given detailed information by the guides in anecdotal account about the most brutal massacre that occurred on April 13, 1919, in the Jallianwala Bagh, killing and injuring thousands of innocent Indians who revolted against the Britishers. Thereafter, the cadets reached the Wagah Border to witness the retreat ceremony at the India-Pakistan border. During the retreat ceremony, the DDA and Pratham Pag cadets, along with thousands of other Indians, were overwhelmed with patriotic fervour at the sight of BSF jawans marching elegantly to the musical tune of the bugle, thus making the spectators get overwhelmed with patriotic emotions and shout slogans to express their nationalistic enthusiasm and love for their country. The chests of all the spectators, including the DDA and Pratham Pag cadets, swelled with pride, and they all excitedly shouted in unison "Bharat Mata Ki Jaya" and 'Vande Mataram, which resonated all across the Wagah Border.





VISIT TO LAL BHADUR SHASTRI NATIONAL ACADEMY OF ADMINISTRATION IN MUSSOORIE

On 4th February 2024, Sandeep Sir's Doon Defence Academy organized an educational excursion for the Foundation Wing cadets to Lal Bahadur Shastri National Administrative Academy in Mussoorie. The cadets were taken to the Art Gallery to have an insightfully enriching preview into the photographs of the event belonging to the olden times in the Happy Valley Photo gallery. The cadets were impressed by the smart classrooms installed with digital tools in the Knowledge Sila building. The cadets became excited to browse an ocean of books in the palatial library of the Karma Bhavan. The cadets could not help appreciating the vast and magnificent Sampurnanand auditorium of the Lal Bahadur Shastri Academy of Administration. Thereafter the cadets visited the Officer's mess and then the Sharleville and Kalindi Buildings. The cadets became audience to a discussion event where they attended the discussion of the politics, governance and administration and the event was conducted by Lakshya Foundation. During the discussion, the Director of DDA Mr. Sandeep Gupta motivated the cadets by saying that it would indeed be a proud moment for the cadets to pass from the LBS Academy so that they feel motivated to work honestly for the benefit and upliftment of the society. He stressed on the fact that it is more glorious to serve the societal needs with integrity rather than becoming an authoritative IAS officer. He

added and asserted that one can become a politician as well as an IAS officer but a politician cannot choose to become an IAS officer.





Chandrayan - 3 Program

The launch of the third lunar exploration mission of the Indian Space Research Organisation (Chandrayan-3) was witnessed through the direct telecast of the programme by the cadets of the Pratham Pag, supervised by Pratham Pag Director, Mr. Sandeep Gupta and the cadets of the Foundation wing were enthused and enthralled to see the launch. The entire Pratham Pag and DDA fraternity swelled with pride at the successful mission to the moon. They expressed their elation by repeatedly enunciating “Bharat Mata Ki Jai” and the DDA campus reverberated with the slogan.

It was Pratham Pag staff and faculty members, Director Mr Sandeep Gupta and DDA team that made elaborate arrangements to allow the direct telecast of the launch of the Chandrayan-3 mission targeted to conduct research on the moon. The Pratham Pag Director cherished the accomplishment of this great mission by India and congratulating the countrymen, including students, and also paying a patriotic salute to the scientists along with expressing gratitude to them. He added that after the success of Chandrayan-3, India will become one of the most powerful nations in the world.

Chandrayan-3 was launched through the LVM3-M4 rocket on Friday at 2.35 p.m. to reach the natural satellite of Earth, the Moon. ISRO asserted and instructed that the Chandrayan-3 mission has its propulsion module behaving like a communication relay satellite. It made a spot landing on the moon, and after a brief scrutiny and observation on the surface of the moon, this space agency researched new terrain in remote areas that was yet to be explored on the moon. There was again a possibility of the spot landing on July 23 and 24, 2023. The weight of the rocket was 642 tonnes, and the height was 43.5 ters. It was India's first mission to land on the southern pole of the moon. Before Chandrayan-3, Russia, America, and China made their spot landing on this southern terrain of the moon.

The Scientists of Indian Space Research Organization team have accomplished the mission of landing on the surface of the moon and by making such an achievement, ISRO has fulfilled the lifelong aspiration of fluttering the Indian National Flag ‘TIRANGA’ on the surface moon which indeed makes every Indian swell with pride. Such programs inspire the students to have the patriotic spirit in them so that they see themselves as the custodians of ethical and moral values of India and are filled with the enthusiasm to do something exceptionally great for their country.



VISIT TO IMA FOR POP

As part of an educational tour organized by Sandeep Sir's Doon Defence Academy, Pratham Pag prodigies and DDA diamonds had the privilege of witnessing the passing-out parade. The event, scheduled for June 10th at the Indian Military Academy (IMA), showcased 374 gentlemen cadets, including 42 foreign cadets.

Pratham Pag cadets were enthralled by the parade's precision and grandeur, with synchronized movements to the band's melodies captivating the audience. Before the final passing-out parade, Pratham Pag cadets attended the Commander's Parade on June 6th and 8th, aspiring to partake in such ceremonies as future officers.

After the parade, cadets, including Director Mr. Sandeep Gupta, visited Shaurya Sthal, where they shared their experiences and captured memories with snapshots. The passing-out parade symbolized the successful graduation of cadets, marking their readiness for further training and eventual recruitment into the armed forces.

The event was attended by dignitaries, including Chief of Army Staff General Manoj Pande, along with officers, relatives of IMA cadets, and foreign spectators. It served as a significant milestone in the journey to become aspiring officers, fostering inspiration and admiration among the cadets.



THE KHALANGA WAR MEMORIAL

**"TREKKING IS A BIT LIKE LIFE :
THE JOURNEY ONLY REQUIRES YOU TO PUT ONE
FOOT IN FRONT OF THE OTHER"**

The Pratham Pag cadets were made to be engaged in an outdoor activity as a part of the Physical Fitness Campaign to create enthusiasm and zeal among the cadets and bring about awareness regarding the various benefits of physical fitness activities like trekking expeditions, which are so important to change the whole personality of the cadets. This was a pedestrian march by the cadets of Pratham Pag who commenced their trekking journey with the first ray of the sun to reach their destination of Khalanga War Memorial, and after they had reached it, they again made their journey back to the campus of Sandeep Sir's DDA. It was at 5.45 that the cadets gathered on Sandeep Sir's DDA campus, and during their journey on foot, the DDA faculty member, Commandant Colonel Sudhir Verma (Retd), gave them certain important precautionary measures to be taken care of while they continued their trekking expedition to Khalanga War Memorial.

After having a light breakfast at 6.05, the cadets covered a distance of 4 km, and after passing through Aamwala, they reached the Khalanga War Memorial. They relished taking a group photograph and then came back to the DDA campus at around 7:30 a.m. All the cadets completed their trekking expedition to the Khalanga War Memorial under the supervision of Colonel Sudhir Verma. During the pedestrian march, the cadets, PTI Mr. Tarun, DI Mr. Dharendra Rawat, Mr. Rajesh Gurung, the warden of Jal House, Mr. Ajay Thapa, the warden of Thal House, and Mr. Sundar, the warden of Vayu House, were present. The medical assistant, Mr. Rajendra Prasad, was also present to deal with any casualties. The trekking expedition to the Khalanga War Memorial was a memorable and enjoyable experience for the Pratham Pag cadets.



UTTARAKHAND DAY

President Droupadi Murmu The Chief Guest On The Occasion

On 9th November 2023, Uttarakhand Day was celebrated at Race Course (Dehradun) to mark the importance of the Uttarakhand Day to remind the people of Uttarakhand that they should make efforts to promote the welfare of their state. Honorable President Draupadi Murmu was the Chief Guest who presided over the event with other delegates, dignitaries and eminent personalities including DDA Founder Director Mr. Sandeep Gupta who was cordially invited as the guest of honor. It was a golden opportunity for Pratham Pag cadets to meet the President of India and after they attended the event, the cadets were motivated to focus on realizing their dream career in the Armed Forces with esteemed designation with great enthusiasm. The Pratham Pag cadets were thrilled to see the President during the special event.

Uttarakhand Day is celebrated to mark the Foundation Day of the Uttarakhand State. The day holds great relevance as many cultural events are organized in all the schools, institutions and organizations to acknowledge the ethnicity, the cultural beliefs, traditions, dresses, languages, and folklore of Uttarakhand state. Dehradun-the capital city of Uttarakhand state holds a plethora of events in schools and institutions.



CLASS 11th FINAL EXAMINATION TOP 20 CADETS RESULT OF PRATHAM PAG



Cadet Deepak Dev
Class -11th
93.60%



Cadet Gautam Raj
Class -11th
91.20%



Cadet Paras Vashishth
Class -11th
90.80%



Cadet Gautam Kumar
Class -11th
90.60%



Cadet Ankit Singh
Class -11th
89.80%



Cadet Nikhil Yadav
Class -11th
88.80%



Cadet Gyanendra S Yadav
Class -11th
88.60%



Cadet Yash Sanjay Magdum
Class -11th
88.40%



Cadet Pritesh Yadav
Class -11th
88.20%



Cadet Tanishq Singh
Class -11th
88.20%



Cadet Yuvraj Nigam
Class -11th
86.80%



Cadet Mayank Prashant Dongre
Class -11th
86.60%



Cadet Prateek Bhardwaj
Class -11th
86.60%



Cadet Kamaldeep Singh
Class -11th
86.40%



Cadet Aditya Kumar
Class -11th
86.00%



Cadet Devansh Chaturvedi
Class -11th
86.00%



Cadet Sarandeep Singh
Class -11th
86.00%



Cadet Azeem Ali Saroha
Class -11th
85.80%

































Cadet Navneet Kumar Tiwari
Class -11th
85.80%



Cadet Nitesh Kumar Bhati
Class -11th
85.60%

CLASS 12TH FINAL BOARD EXAMINATION SUPER 30 CADETS RESULT OF PRATHAM PAG

 Cadet Gautam Kumar Class -12 th 96.4%	 Cadet Rajveer Yadav Class -12 th 95.5%	 Cadet Deepak Dev Class -12 th 94.6%	 Cadet Paras Vashith Class -12 th 92.2%	 Cadet Yash Sanjay Class -12 th 91.8%	 Cadet Nikhil Yadav Class -12 th 91.8%
 Cadet Maanav Class -12 th 90%	 Cadet Vineet Vishal Class -12 th 89.2%	 Cadet Shray Prasad Class -12 th 89%	 Cadet Ayush Lohar Class -12 th 88.8%	 Cadet Utkarsh Kr Class -12 th 88.8%	 Cadet Gautam Raj Class -12 th 87.6%
 Cadet Shreyas Mohite Class -12 th 87.2%	 Cadet Devpreet Class -12 th 87%	 Cadet Raunak Raj Class -12 th 87%	 Cadet Mayank Patel Class -12 th 86.8%	 Cadet Pritesh Yadav Class -12 th 86%	 Cadet Shriwar Nirwan Class -12 th 85.8%
 Cadet Gyanendra Yadav Class -12 th 85%	 Cadet Om P Jaysawal Class -12 th 85%	 Cadet Mohit Koshyari Class -12 th 84.4%	 Cadet Sanchit Manjrekar Class -12 th 84.2%	 Cadet Harsh Sharma Class -12 th 84%	 Cadet Aditya Tripathi Class -12 th 83.6%
 Cadet Jay Kumar Class -12 th 83.4%	 Cadet Arman Nandi Class -12 th 83%	 Cadet Aniket Negi Class -12 th 83%	 Cadet Tanishq Singh Class -12 th 83%	 Cadet Shiva Krishan Class -12 th 83%	 Cadet Sarandeep S Class -12 th 83%

4 PRATHAM PAG CADETS WHO QUALIFIED NDA WRITTEN EXAMINATION AT THE AGE OF 16 AND HALF



Cadet
GAUTAM KUMAR
All Indian Rank 579
Selected in NDA-152 Course



Cadet
DEEPAK DEV



Cadet
**YASH SANJAY
MAGDUM**



Cadet
**RAJVEER
YADAV**

PRATHAM PAG STALWARTS QUALIFIED JEE MAINS



Cadet
SATYAJIT PATWARI
Percentile 91



Cadet
DEEPAK DEV
Percentile 89

PRATHAM PAG CADETS CLEARED SIMS EXAM AND INTERVIEW FOR DNS & B.TECH MARINE COURSES



Cadet Sarandeep S



Cadet Nikhil Yadav



Cadet Mayank Dongre



Cadet Vinit Vishal Gondgire



Cadet Mohite Malhar



Cadet Deepanshu Yadav



Cadet Satyajit Patwari



Cadet Sudhanshu



Cadet Prakhar Kumar



Cadet Om Ji Singh



Cadet Arjun Yadav



Cadet Deepak Dev



Cadet Yuvraj Nigam



Cadet Tanishk Joshi



Cadet Aditya Parashar



Cadet Devpreet Singh



Cadet Aniket Negi



Cadet Arman Nandi



Cadet Mohit Koshyari



Cadet Kavya Gurung



Cadet Om Prasad Jaysawal



Cadet Shiva Krishan Boddula



Cadet Ayush Loхар



Cadet Shreyas Shashikant Mohite



Cadet Kshitij Singh



Cadet Utkarsh Kumar



SPORTS **CORNER**

INTER HOUSE BASKETBALL TOURNAMENT

Sports, games, and physical activity are integral to the growth of Pratham Pag-the Foundation Wing of Sandeep Sir's Doon Defence Academy, and many sports events are scheduled from time to time to inspire students with the spirit to have the physical fitness regime and to make them ready for all the challenges they may face in their SSB interview as Pratham Pag aims to prepare them for their recruitment in the armed forces. On July 18th and 19th, 2023, an Inter-House Basketball Tournament was scheduled for the three houses at Pratham Pag, and teams from all three houses competed with equal zeal. The first match was between the teams of Jal House and Thal House. The Thal House team defeated the Jal House team with a score of 30/25. In the second match, the teams of Jal House and Vayu House went through severe ordeals resulting in Jal House athletes bouncing hard to defeat the rival team with a score of 30/26. In the third and final round played between the winning teams of the first and second matches, Jal House contested against Thal House, and the team of Thal House appeared triumphant with a score of 30/28. The Inter House Basket Ball Tournament was a spectacular display of the physical agility of Pratham Pag athletes and the main objective of conducting the tournament was to acquaint the cadets with the ordeals and challenges they might face and the need to create a balance between their physical and mental well-being along with their academics. The team players displayed the values of team spirit, fair play, and excellent coordination among them all. The Thal House team brandished the trophy with great pride. The Tournament was wrapped up with the distribution of the coveted trophy brandishing the winning title and laurels to the teams and the team players received congratulatory messages and a huge applause from the Pratham Pag fraternity, Staff, Directors Mr Sandeep Gupta and Mrs Divya Gupta.

House	Position	Participants
Jal	1 st	Cadet Mayank Patel, Sarandeep, Jay Kumar, Deepansh Shrivastava
Thal	2 nd	Cadet Sumit Sharma, Tanishq Singh, Rahul & Puneet Nitharwal
Vayu	3 rd	Cadet Arjun Yadav, Pottra Likith, Sanchit S Manjrekar, Naman Agrawal & Aditya Gautam





A VOLLEYBALL MATCH

Pratham Pag Wing

Vs

Defence Wing

The Fantastic organization of the team players of Volley ball team amazed the spectators and onlookers with a spectacular showdown. In the Volley Ball match between the Pratham Pag and Doon Defence Academy teams, Pratham Pag athletes competed against the rival team of Doon Defence Academy. The Pratham Pag athletes earned the coveted trophy by exhibiting a fantabulous triumph against the Doon Defence Academy counterparts to lift the trophy after a strong encounter in two rounds of the Volley ball match. Before the match began, Mr. Sandeep Gupta, the Director, invited the Pratham Pag team to take charge of the sports ground, which will be used by Pratham Pag athletes for all physical activities, including matches, contests, and training.

Pratham Pag athletes represented commendable sportsmanship while playing matches and games on the sports pitch, as well as undertaking physical exercises for fitness. In the subsequent match, the Pratham Pag team faced a strong combat against the Doon Defence Academy team and overpowered the Doon Defence Academy after a lengthy and intense competition with a score of 25-16 in the first round and a score of 25-20 in the second round of the match. The shining shield of the trophy adorned the beaming faces of all the athletes belonging to the Pratham Pag team. Thereafter, the Director Mr. Sandeep Gupta congratulated both teams for their skill and prowess as team players and asserted the importance of playing games and sports. On this special occasion, the special guests invited to witness the match were the batch mates of Mr. Sandeep Gupta. The batch mate and Guest of Honour- Mr. Inderjeet Sama and Mr. Deepak Tyagi along with the DDA and Pratham Pag staff - Mr. Surender Sivach, Mr. Surender Khurana, Mr. Manish Sawant, Mr. Rajneesh Kumar, and Mr. Umesh Kuniyal, along with staff members and Pratham Pag cadets witnessed the match. The spectators were overwhelmed to view the match.



INTER HOUSE VOLLEYBALL TOURNAMENT

To exhibit commendable sportsmen spirit, the three houses of Pratham Pag's teams participated in an Inter-House Volleyball Competition from August 30th to October 1, 2023. To appear triumphant in the tournament, the team members from all three teams—Jal, Thal, and Vayu competed fervently and with intense enthusiasm. The Jal House team played the Thal House team in the tournament's opening match on August 30, 2023. After encountering tough defenders across the playground with their counterparts from Thal House's opponent team, the athletes from Jal House emerged victorious with a score of 25/22. In the second contest, which pitted Thal House players against Vayu House athletes in a hard-fought encounter, Thal House players overpowered the Vayu House athletes with a score of 25 against 22 after a spectacular display of team spirit, cooperation. The match was spectacularly interesting for the onlookers and bystanders who viewed the intriguing competition by all the teams.

On August 31, the first Inter-House Volleyball match was competed between Jal House athletes and Thal House players. Jal House appeared victorious after facing and defending against attacks from the rival team. They made a commendable score of 21 against 18 made by Thal House sportsmen. The second match of the day was played between the Pratham Pag sportsmen between the teams of Vayu House and Jal House, and Jal House appeared to win with a score of 22 against 20 made by the rival team. The victories and triumphs are the driving force behind any match, but the true sportsmen's spirit, fair play, and coordination amalgamate to form the true essence of any sport.



House	Position	Participants
Jal	1 st	Cadet Animesh Borah, Tanishk Singh, Gyanendra, Rahul, Puneet & Omji Singh
Thal	2 nd	Cadet Alok Raj, Harshit Jhajharia, Mayank Patel, Bhaskar Kumar, Ankit Fauzdar, Om Prasad Jayaswal, Mritunjay & Nitesh Kumar Bhati
Vayu	3 rd	Cadet Shriwar, Gautam Kumar, Hemant Rajora, Divyanshu Yadav, Manav Khushwa & Ankit Singh



INTER HOUSE CHESS COMPETITION

To instill in the Pratham Pag prodigies the spirit to face new challenges and make efforts to strive and come out of challenging situations, an Inter-House Chess competition was contested at Pratham Pag Campus on 4th June 2023, in which the cadets of all 3 houses participated with great zeal. The mind game tested the acumen, strategic planning, and foresightedness of the students, along with their wisdom. The competition was conducted in three rounds. In the first round of the competition held between Jal House students and the Vayu House team, Vayu House students appeared as winners of the chess. The second round of the contest was an encounter between Thal House and Jal House, and Thal House triumphed in the second round. The last round of chess was a combat between Vayu House and Thal House, and Thal House students appeared triumphant in the game. As per the scoreboard, the first position was bagged by the Thal House team, the second position was earned by Vayu House, and the third position was conferred to the Jal House team. Pratham Pag cadets really enjoyed getting immersed in the mind game and were overjoyed to take the privilege of lifting up the trophy to glorify their house. It was a challenging victory endowed with excitement and fervour.

House	Position	Participants
Thal	1 st	Cadet Pritesh Yadav, Devpreet Singh & Vishwapratap Sikarwa
Vayu	2 nd	Cadet Manav, Rajveer & Om Sargam
Jal	3 rd	Cadet Paras Vashisth & Yuvraj Nigam

INTER SCHOOL FOOTBALL TOURNAMENT

Football is a game where alacrity, burst of energy and the maneuvers to kick the ball adds to the spirit of competition among the winning players who feel dazed with triumph at the frantic roar of the spectators. The 5th S. D. Jain Memorial Inter-School Football Tournament commenced on August 21st and the tournament continued until August 25th, 2023. It was a league match that was contested between various football teams representing 20 renowned schools of Dehradun including athletes from Army Public School (APS), Kendriya Vidhyalya (IMA), Green Lawn Academy and The Sapience School in Pool A and Shishya Public School, Uttaranchal Children's Academy, Kendriya Vidhyalya (Upper Camp) and Apollo International School etc. The tournament was organized for boys and girls under 18 age group.

The tournament was honoured in the presence of Mr. Bhajram Panwar, OSD Honourable Chief Minister of Uttarakhand, and it was an expression of sportsman spirit, fair play, and compliance with the rules of the game blended with the winning spirit to take up challenges and foster healthy competition among the sportmen. On 21st August 2023, the team representing Apollo International School (Pratham Pag team) met with a strong encounter from Kendriya Vidhyalya. Both the teams struggled hard against their rival counterparts to come up victorious and Apollo International School comprising Pratham Pag athletes won the match with a score of 1/0 against Kendriya Vidhyalya Upper Camp. All the Pratham Pag students expressed their enthusiasm with roaring applause from their counterparts among the spectators.

Cadet Hardik's Silver Medal in UTTARAKHAND STATE TAEKWONDO CHAMPIONSHIP

STATE LEVEL TAEKWONDO CHAMPIONSHIP AT ZHEN SPORTS ACADEMY

Hardik Kumar a Pratham Pag athlete won the State Level Taekwondo Championship 2023 by clinching the second position with a Silver Medal and certificate of achievement in the under-17 category of Taekwondo in November 2023. Pratham Pag team congratulated the athlete and celebrated the accomplishment of Hardik Kumar who won the glittering Silver medal to become a crowning glory of his alma mater and for his Jal House. A Silver Medal in the State Level Championship is another feather to glorify the cap of Sandeep Sir's DDA. The State level Championship was sponsored by Zhen Sports Academy to motivate young sports persons in the realm of sports and games.

Cadet Hardik's Gold Medal in INTER SCHOOL TAEKWONDO CHAMPIONSHIP 2024

On 27th January 2024, an Inter School Taekwondo competition was held at Delhi Public School between various schools and many students from different reputed schools of Dehradun participated in the Taekwondo championship 2024 including Hardik Kumar from Pratham Pag-the Foundation Wing of Sandeep Sir's Doon Defence Academy. Hardik exhibited amazing feat of Taekwondo and mesmerized the spectators when he participated in the under-17 category of Taekwondo Championship contest 2024. Hardik won the dazzling Gold medal for his Pratham Pag team by winning the first rank in the under-17 category of Inter School Taekwondo Championship 2024. The Sports event was sponsored by Zhen Sports Academy to encourage young sports persons in the realm of Martial Arts and Sports. Pratham Pag team congratulated the sports hero for his exceptional accomplishment.



CADET RAHUL IN DISTRICT LEVEL **JUDO** CHAMPIONSHIP 2023

A PRATHAM PAG ATHLETE WINS THE FIRST PRIZE IN UNDER-17 CATEGORY OF JUDO

On 6th December 2023, Rahul a Pratham Pag athlete participated in the District Level Judo Championship in the under-17 category of plus 90 Kg. He clinched the first prize at the District level Judo Championship by exhibiting amazing feats of Judo and defeating all his rivals. His amazing exhibition of Judo enthralled the spectators and the spectators broke out with a loud clamor of applause for him in the crowd. Cadet Rahul added another golden feather to the cap of Sandeep Sir's DDA. The event was a part of the Khel Mahakhumbh.



CADET RAHUL PARTICIPATED IN STATE LEVEL **JUDO** CHAMPIONSHIP 2023

On 5th January 2024, Rahul -the amazing Pratham Pag athlete participated in the State Level Judo Championship in the under-17 category of plus 90 Kgs and he won the tantalizing first prize in the competition with the glittering Gold medal to become the crowning glory of his alma mater. The event was a part of the Khel Mahakhumbh 2024. Pratham Pag Team congratulated the admired Athlete who has become a paragon in the realm of challenging sports events like Judo and Shortput. Defeating his rivals with amazing alacrity and agility, the Athlete is a legendary personality to have mastered many feats to overtake his adversaries. Pratham Pag team congratulated Rahul for the State Level Judo Championship 2024. The event was a part of the Khel Mahakhumbh.

CADET VANSH SHARMA A PRATHAM PAG ATHLETE

DISTRICT LEVEL JUDO

CHAMPIONSHIP 2023



Cadet Vansh Sharma a Pratham Pag athlete participated in the District Level Judo Championship on 6th December 2023 and he participated in the under-17 category in the plus 60 kgs. His Judo feats were admired by the spectators and he received a lot of attention from the onlookers, though he could not win an prize. The sports event was a part of the Khel Mahakhumbh District level. The sports events are held to encourage the young sports enthusiasts who wish to exhibit their skills and capabilities through sports competitions and events.

CADET RAHUL A PRATHAM PAG ATHLETE SHINES IN SHOTPUT - A PART OF SPORTS FOR ALL (SFA)

In September 2023, Cadet Rahul a Pratham Pag athlete participated in the athletic event of shotput which was a part of the Khel Mahakhumbh. The athlete participated in the under-17 category of shotput and won the 3rd position with a bronze medal and a certificate of achievement to glorify his alma mater. Pratham Pag team congratulated the athlete for his exceptionally exemplary show of strength and determination. He is a shining star in the realm of sports and athletics. Rahul - the athlete has won many accolades and medals in the realm of sports. Pratham Pag team congratulated the Athlete for his outstanding accomplishment.



PHYSICAL TRAINING

On May 27, 2023, the Mass PT drill was scheduled under the supervision of Physical Fitness trainers and experts for all the Pratham Pag students along with their counterparts from Sandeep Sir's Doon Defence Academy from 6 a.m. to 7 p.m. to be able to relish the fresh morning air to practice and pose various intricate exercises as commanded by the physical trainers. The intention behind conducting the mass PT drill was to create awareness among the students regarding their health and to make them fit and sturdy enough to pass and qualify for the SSB interview round. Only those cadets who are physically fit and healthy can qualify for the SSB interview round. The mass PT conducted in the DDA premises was to let the students realise that their health was equally vital to their growth as is their academic part for selection in the armed forces. The physical trainers who supervised the mass PT drill were Mr. Mahavir Singh, who deals with boys, Mr. Tarun, who looks after the Pratham Pag cadets and helps them exercise and Ms. Manju Ma'am, who looks after the girls to practice physical exercise.

The students enthusiastically performed a sequence of Physical Fitness exercises while maintaining uniformity and decorum, and their unanimous performance impressed the onlookers, including the director and DDA faculty members.

It was indeed an appreciable mass performance by all the Pratham Pag students who did the mass PT along with their DDA counterparts. Health is a vital factor that cannot be ignored, and it should be kept in mind that health matters a lot to success and happiness in all aspects of life as well. Moreover, our concentration, focus, and memory also depend a lot on our health. So, we should remember that our day should start with physical exercise and fitness regimes. Sandeep Sir's Pratham Pag is one such institute that gives equal importance to physical fitness along with other aspects of one's personality.

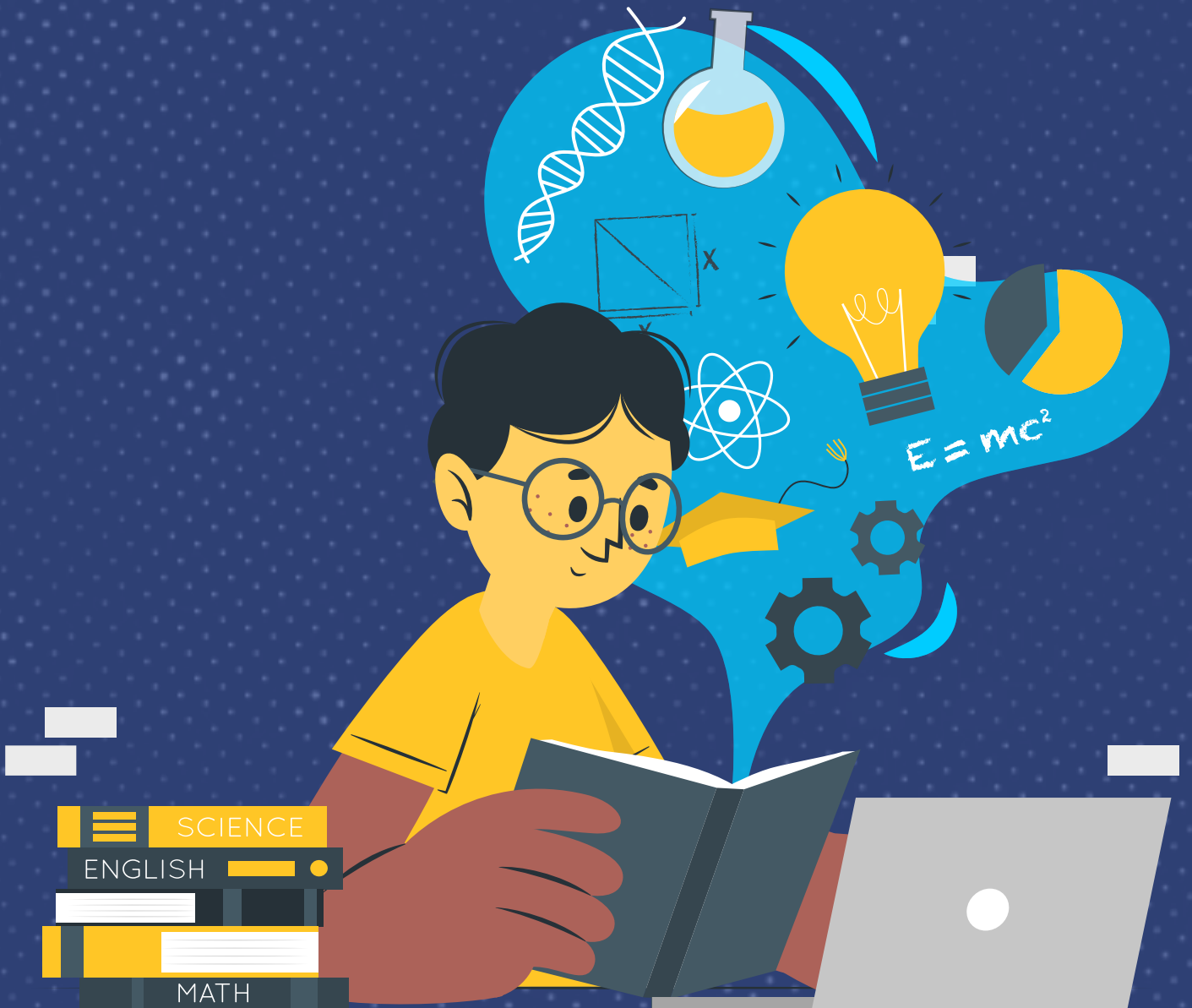
POISE, POSTURE AND PRACTICE TOGETHER CONTRIBUTE TO AN OFFICER'S STATURE





Moment
Hai Bhai
Moment Hai.....





Creative Corner

THE PERSONALITY WHO INFLUENCED ME THE MOST

- DAVID GOGGINS

Strength does not come from physical capacity. It comes from indomitable will.



We are all influenced by some reason or another. Sometimes, this influence is everlasting, and sometimes it is only for a little while. But through these influences, we get to learn some great lessons, and this is what shapes our personalities and, subsequently, our lives. I was greatly influenced by David Goggins, who has a multifaceted personality, and due to his robust mental and physical attributes, he has achieved the most improbable. What I mean to ask the readers is, do they find the above contention true? I wish to give the example of David Goggins, who is a Navy seal, an ultramarathon runner, an ultra-distance cyclist, a triathlete, a public speaker, and the author of two memoirs. He became popular

due to his exceptional accomplishments in sports at the International Hall of Fame. Born on February 17, 1975, he was honoured with the VFM Americanism Award in 2018 for his service in the United States Armed Forces. He also published a New York Best Seller titled 'Can't hurt me', Master Your Mind, and 'Defy the Odds'. Apart from these attributes, the magnificent personality has a record-breaking count of 4030 push-ups in 17 hours. As per his biopic, he did not have a normal childhood. It was full of adversity. As his abusive father beat up his mom, the mother, along with young David, went to stay with David Goggin's grandparents. He became a victim of apartheid, and due to the racial discrimination, he was categorised and ostracised as black. As he came in touch with the Air Force Boot Camp, he learned many things. He graduated from BUD/S training with BUD/S class 235 in 2001. Following the seal qualification and training (SQT) and the completion of the probationary period, he received the NEC 5326 as a Combatant Swimmer (SEAL) and was assigned to SEAL Team 5. Goggins was in the armed forces for 20 years and served tours in Iraq and Afghanistan. He graduated from Army Ranger School and was honoured with 'Enlisted Honour Man' with 100 percent peer evaluation. He had a historic 36th African-American Navy Seal in the United States Navy's ancient records. This sports icon is regarded as the toughest man ever known. He ran with a broken shin. Despite all these adversities, he was consistent. What we know about him is just the tip of the iceberg. His biography and life history are indeed inspiring for youngsters to emulate him and be like him.

Cadet Shrey Prasad
House - Vayu

SPORTS - AN INTEGRAL PART OF OUR LIVES E-SPORTS AN UPCOMING SPORT WITH A SPECTACULAR DISPLAY IN ASIAN GAMES

One very important trait required in the armed forces is physical health and fitness. Physical well-being cannot be accomplished without rigorous workouts, exercise, yoga and meditation. Sports play a very important role in our lives. It also improves our overall personality and boosts our confidence. In the present-day era of modern technology, we have seen a downward trend in sports. But if we amalgamate the two, we see a brilliant combination. E-sports are taking shape these days, and e-sports make it possible for students to make a vast sports community. This community of e-sport enthusiasts has seen a growing trend in India. BGMI, or Battle Ground Mobile India, like every other e-sport, is the playground for young minds who are restless and always looking forward to new challenges.

Many e-sports players are making plenty of money, especially the most renowned players. The e-sports players are earning a minimum salary of 25000 to 30,000 per month, but for those who have well-established themselves, the salaries can rise up to 4 or 5 lakh per month as well. In addition to this, the popularity of a player on the field plays a significant role.

'ON TOP OF HIS GAME' talks about Jonathan Amaral's rise as a 21-year-old new-aged star in the modern era, with the sport becoming a popular event to be witnessed as a part of the Asian Games in Hangzhou. The money made by him can be seen through the thick gold chains dangling around his neck, the black Mustang parked in his garage, or the BMW car that was gifted by his father last year.

He too has 5.45 million subscribers on Youtube, and he is the affluent owner of a swanky and magnificently designed flat in Bandra worth Rs. 7.5 crore on the ninth floor of a high-rise building. There are other players who have carved a niche for themselves in this field, like Jonathan, Scout, and Mortal. These players make plenty of money, which is around Rs 1 crore in a month.

Now, if we talk about an interesting and intriguing part of his biography, we come to know about a feud related to him. Many other team players ganged up against him and wrote an email to Tencent Games, the game publisher, when the sport was given the title PUBG, complaining about him, saying that he is a hacker and that he should be banned from playing the game. These statements don't discourage him at all. He is determined to make the best use of his potential. As per his statement, he is proud of his accomplishments, and he confessed that he does not at all feel embarrassed. He is one of the most successful players in the modern world and is known as the god of the eSports community. He has gained a lot of respect in the sports community. The attributes that are appreciated in him are his hard work and his dedication. His example as a role model proves that nothing is impossible if one is determined and is willing to make a niche for himself or herself in the respective field of interest.

'HARD WORK IS THE KEY TO SUCCESS IN EVERY FIELD'

Cadet Malhar Balasaheb Mohite
House - Vayu





‘Talent wins Games but Teamwork and Intelligence **WIN CHAMPIONSHIPS**’

The word ‘team work’ means working together as a team to achieve a particular goal. Humans are social beings. We love the company of like-minded people around us and wish to work in a socially friendly environment where collaboration and cooperation can bring the best results. This happens at every phase and every aspect of our lives, whether it is professional life or the homefront. In a team, the responsibilities are well distributed among all the members to achieve a particular goal, and the joy of doing the task increases manifold. Also, the success of the team depends on the performance of each member. The members are called teammates.

If we look at a family, A family is also a team where the responsibilities are also distributed and well-defined. Though the work areas may not be predominantly so clearly defined, the family members take up the roles as and when they feel the need to act in a particular way. The parents in their middle age take care of all the other family members, and when the parents become old, the youngsters take up the role of looking after their aged parents, and every member contributes to the working of the home front with more or less equal dedication. All family members do their work as per the responsibility assigned to them. This is where cooperation comes into play. If cooperation and coordination do not exist in the workings of any household, the family will collapse and crumble eventually. So without coordination and cooperation, the family is bound to break.

The family is the primary unit for the entire social structure of any nation. Working as a team in any group, whether at home or in the office, also brings into play various relationships. People get attached to each other through relationships by coming close to each other and being emotionally bound. They also come to know about the strengths and weaknesses of each other. This is how a team functions. We should know how to work on these relationships by being cordial and respectful to everyone. If we have inherited good values of mutual respect,

mutual trust, and empathy, no one can break the relationship that we have nurtured in our lives. Only then can we find happiness in our lives. A team brings us closer to each other and makes sure that we can rely on each other in terms of responsibilities. The best way to bring in teamwork is to give equal importance to all the members of the group.



Cadet Navneet Kumar Tiwari
House - Vayu

WHY READING MATTERS ?



Around half a decade ago, while visiting book stores in Pune and Chandigarh, I used to see many young people enthusiastically reading their favourite books in the children's section. Rarely do I see children in book stores now. I feel that there is a lack of interest in reading among young minds.

My fellow educators often ask if reading has ceased to be a hobby among youngsters, and they often ask a frequently asked question: whether the present generation realises the importance of reading.

Other youngsters raise quite different questions altogether. They ask, "Does reading really matter?" The culture of reading is on the decline among all age groups, especially among the e-generation. This cognitive crisis must be halted. It is truly said that when one person reads, their friends and peers also read in competition. They create a ripple effect of their peer influence that is more powerful than what their teachers, mentors, and parents have been

telling them. Rather than relying on academic textbooks, which do not have a strong influence in terms of making them read texts, peer pressure could generate healthy competition in terms of encouraging them to read a variety of texts. Moreover, the students should be encouraged to understand the importance of being multilingual or bilingual. It has been observed that the motivation for reading skills among youngsters can transcend language barriers. This has been made possible through digital media applications when users use various languages to raise questions in the 21st century. One needs to find out ways and means to decode the message and reply accordingly. Now the question arises: whether reading becomes important even when the majority thinks that the world can become better by just having glimpses of the places around us rather than just reading. The question can be answered in a simple way. In India, the education system is structured completely in contrast with that of the developed nations. It is important not to adopt western models without considering our learners' specific needs. Despite the decline of print media in many parts of the world, it continues to thrive in India, indicating a strong reading culture that should be nurtured and encouraged. It should be noted that skimming and scanning the text without attention can never replace deep, immersive reading. Reading is not a compulsive act, as per the perception of today's generation, but it is essential for the intellectual growth of our progeny.

As per the renowned and prolific linguist and second language acquisition theorist Stephan Krashen, much of our language development comes from self-selected reading for pleasure. In addition to this, readers need access to reading material if they truly want to benefit from the power of reading. Reading material should be comprehensive and interesting. In the Indian educational context, the emphasis is mostly on reading for scores, so reading becomes more of a compulsion than a pleasure. Dedicated readers can complete the entire text book of literature, which is hardly a span of 60 to 70 pages in a single day as compared to spending the entire academic year on it. It is not only a waste of cognitive resources but also a waste of energy. The recommendation I wish to offer to my

companions is to read interesting stories, narratives, and anecdotal accounts. Enid Blyton's adventures, Sherlock Homes Series, 50 Greatest Short Stories, a pack of self-help books for adults, Harry Potter Series, Story Books for Kids, Chetan Bhagat, Encyclopaedia of Space, Best of Children's Classics, Shakespearean plays, Agatha Christie adventures, and many more such literature can be engaging, interesting, and insightful for voracious readers.



Cadet Aditya Tripathi
House - Vayu



ENVIRONMENTAL ISSUES ARE WE TAKING OUR ENVIRONMENT SERIOUSLY GREEN HYDROGEN AS A FUEL - CAN THIS POSSIBILITY EXIST ?

The greatest threat to our environment is the effect of Global warming and green house gases. It is important to know various important factors to save our environment from degrading any further. Natural calamities like floods, droughts, avalanches, snow blizzards and feminine have invaded human for times immemorial but the harms caused by a human like environmental pollution, ewastage and many such hazarduos impacts are making our beautiful planet nothing less than a hell. So let me share with you a few facts that can throw light on some productive steps we can take after knowing some scientific facts.

Hydrogen exists only in combination with other elements and has to be extracted from naturally occurring compounds such as water. But then, you must be thinking how it is a green fuel? It is during the splitting of water during the process of electrolysis using a device called electrolyser that is powered entirely by renewable energy ie wind energy, hydroenergy etc, and then it is called green hydrogen.

While the potential of the hydrogen as a clean fuel source has a history of nearly 150 years. It was only after the oil price shocks of the 1970's that the possibility of Hydrogen replacing fossil fuels came to be considered seriously.. Three car makers - Japanese Honda, Toyota and South Korea's Hyundai have since moved decisively to commercialize the technology albeit on a limited scale.

POTENTIAL IMPACT OF GREEN HOUSE GASES

Green Hydrogen has specific advantages. The first advantage is the clean burning molecule that can decarbonize a range of sectors including iron and steel, chemicals and transportation. Two renewable energy that cannot be stored or used by the grid can be channeled to produce Hydrogen.

AUTO SECTOR FUEL CELLS

Hydrogen is an energy carrier, not a source of energy. Hydrogen fuel must be transformed into electricity by a fuel cell stack before it. It can be used to power a car or truck. A fuel cell converts chemical energy into electrical energy using oxidized agents through an oxidation reduction reaction. Fuel cells convert Chemical energy into electrical energy using oxidising agents through oxidation-reduction reaction. Fuel cells based vehicles most commonly combine Hydrogen and oxygen to power the electric motor on board. Since fuel cell vehicles use electricity to run, they are considered as electric vehicles. (evs) Hydrogen fuel cell cars have a near zero carbon footprint. Hydrogen is about 2-3 times as efficient as burning petrol because an electric chemical reaction is much more efficient than combustion. For example Toyota Mirai and Honda Clarity. Such environmental initiatives need to be taken by the government and the people to reduce environmental problems.



**Cadet - Aditya Tripathi
House - Vayu**

STEPPING INTO ADULTHOOD

Till class 12th, we live under the guidance of our parents, teachers, and grandparents but after class twelfth, life takes a 360 degree turn as we are at the threshold of stepping into our adulthood, we need to understand that our lives will take a drastic turn when our decisions will mould and influence our lives. It is a new beginning just like a chick breaking out of an eggshell. In this new world, one has to strive and struggle for existence, and in doing so, we are going to lose the golden period of our life-our teenage. A period of thrills, laughs, excitements, cheers, punishments and rewards. A mixture of giggles, goosebumps and many such small joys get left behind in the rat race to gain job, material wealth and all that an adult strives for. The maturity one gains changes the face of an individual. One may come across different phases of one's life but if one wants to be happy, one must remember to be grateful because gratitude is the gateway to abundance. We need to understand that for each and every thing, one can unlock a large number of opportunities by expressing the gratitude for everything received. The person who remains steadfast during trials and tribulations is the one who wins. One who does not accept defeat is the one who wins. On one's journey of life, if you are in the company of your loved ones, your journey becomes easy as you get a shoulder to be consoled in hard times and a person who is your own to share your joys with. But these special memories cherish and enrich your life with rejuvenate you in a distressful period of your life. Every accomplishment, and every small surprise our young age. Our mentors scold us and take their scolding in the positive light, it will better human being and a more resilient life. Teenage and student life are no doubt young age makes the student's life full of new technology, plethora of knowledge pouring in internet and imagination touching the impossible. Let the poets, young technocrats amazingly brilliant ideas and solve many persisting at present.



Cadet Vinit Vishal Gondgire
House - Jal



thrills of school days cannot be forgotten. hope for future and these thoughts small laughter, every small adds to the wonder and amazement of sometimes punish us but if we surely benefit us and make us a person to face the upheavals of interconnected. The glory of innovative ideas, dynamics of through social media and heights of sky to accomplish young scientists, amateur and fashion virtuosos bring in that are environmental friendly problems, our country is facing

***Life is very interesting. In the end,
some of yours greatest pains
become your greatest strengths.***



THE GREATEST ADVENTURE

Standing forty feet high over the cool and chilling spray of water drops against your back, I was getting ready to jump with goosebumps in my stomach thinking what ifwhat if I get drowned. It was the most exciting feeling to dive from a height into the water of the lake where I had come with my friends to enjoy the autumn spray of water drops. I relished the soothing cool impact of water over my body as I made strokes with my well-built arms to swim. Neither I nor my friends would ever forget the thrill of these water adventures that overwhelmed you so much to the core that it was impossible to forget the ecstasy of the dive and the amazing experience of swimming, rafting, canoeing, diving, fishing and many more such adventures over to you in the lap of nature. These soothing sensations make you forget all anxieties, all worries and all fears that make your mind numb. Introspect under the cool shade and bower of a rich green tree spanning a huge dimension of shade to silhouette the lawn area with magnificently manicured lawns embedded with floral beauty and splendid mix of sunshine and shade to find out the true meaning of your life. These adventures help you discover your true worth and make you get rejuvenated from the burdens and traumas of life. In Robert Frost's words, I did like to quote ' It's when I am weary of considerations, And life is too much like a pathless wood Where your face burns and tickles with the cobwebs Broken across it, and one eye is weeping From a twig's having lashed across it open, I did like to get away from earth awhile And then come back to it and begin over.

It is because of my family that I became a fearless personality. I never fear to dare and this makes me enjoy every bit of that adventure. Life is an adventure because you never know where you will land up in the next few seconds. Whether you will live or die or come across a wonderful surprise. Let the travels, treks and encounters thrill your heart, excite you and bring you closer to the secret truths of the Universe.

Nature is indeed a solace from the everyday anxieties of life. One needs to shed away all worries, all tensions and all fears that burden you too much to leave no scope for hope , regeneration and rejuvenation. It is important to meet new people to have the thrill of a roller coaster ride. The best adventure is to travel around the world and the most inviting opportunity that can bring these adventures is by joining the armed forces-Army, Navy and Air Force.



Cadet Saksham Tomar
House - Thal

A DAY WITH MY PET

Today's Modern life offers many children extreme loneliness. These days, parents have just one kid. Without sibling companionship and both the parents working, quality time with family is absolutely negligible. Having a pet is really a boon for a child who does not have a companion to share his or her feelings. It is always joyful to have someone feel happy when you come home from school or work. Pets shower immense love and affection and the cuddling and fondling caresses fill you with a satisfaction that none in this whole world can offer. The unconditional love showered upon a person by his pet relieves you from the stress of work and makes you feel at the top of the world.

Pets understand much more than your parents and friends can understand. Pets can find out when you are sad or happy. With pets, you never feel alone and this sense of belongingness is ravishing. If your pet is playful and naughty, the pet will want some time from your busy schedule to play with it. The pets can be really the best guards I can ever find. They won't let any stranger sneak into your palatial quarters. Even the most lethargic pet will growl and snarl at a stranger who has just entered your apartment. If you have dogs as a pet, you need to take care of the food eaten by the dog. If you have love birds, you should make sure that you allow a huge cage for them to fly around. Ensuring that the pet is enjoying freedom in a restricted way will give you a sense of satisfaction that the pet is not constrained and is not feeling bored. These days people have followed a new trend of adopting rare species of animals to preserve their rare species by helping them breed. Once the pet is adopted, you have to watch over it to find out if the pet is active enough. In case, there is inactivity, then you have to show it to a Veterinarian to ensure that the pet is not suffering due to any infection, ailment or disease.

Pets bring in immense joy in your life. You need to find out ways to connect with it. One needs to take good care of the pets only then you enjoy the invaluable companionship and the unconditional love offered to you by your pet. Till the time, I spend time with my pet, I don't feel satisfied. It is my dog who shares with me a loving bond as my pet. It loves to rub itself against my legs and wag its tail to express happiness.



ANIMALS THE FAUNA OF OUR EARTH
SHARE THIS BEAUTIFUL PLANET WITH
US- LET US ENRICH THIS EARTH WITH
THE BEAUTY OF FLORA AND FAUNA

Cadet Priyansh Jariyal
House - Vayu

POEM TO DARJEELING

Of all the things I wish to see,
of all the places, I would want to be,
Even in my deepest fantasies,
Why is it so that it's always
You and Me?

Your green peaks standing high
The clear rills in the quiet
woods passing by
Just the thought of leaving you
would make me cry,
To you, I can never say Goodbye
Your sloppy roads and curvy bends,
The little train whistling at
the mountain's end
The pristine silence where even broken
souls mend

No wonder, you are heaven-sent
And even when the night befalls
It's as if the starry sky made a fall
Glittering like a Christmas tree
Making me absolutely worry-free



Cadet Ayush Lohar
House - Jal

ROLE OF DRONE IN MODERN WARFARE

During the initial years of my life, I was greatly captivated by the mechanisms of a drone and their role in every sphere of life. Drones have emerged as game-changers in modern warfare, as these drones have restructured military strategies. These unmanned aerial vehicles play a pivotal role in intelligence, surveillance, and surgical strikes. As drones are equipped with advanced technology, they offer real-time data, enhancing situational awareness about the time-to-time updates of the battle field. With the ability to navigate through challenging terrain and execute targeted attacks on precise locations without disturbing the lives of others, minimise the risks to human lives. The deployment of force multipliers enhanced overall military capabilities, providing a strategic advantage. However, the ethical implications of drone warfare include concerns for privacy and autonomy, necessitating careful consideration. With the advancement of technology, the role of drones in warfare continues to evolve, demanding a balance between strategic effectiveness and ethical responsibilities. There are basically four major categories of drones. Helicopter drones, fixed-wing drones, photography drones, and toy drones. Drones can be as large as an aircraft and as small as the palm of your hand. Multirotor drones are the most popular and widely used drones as they are equipped with multiple rotors, usually four, six, or eight, which allows them to remain stable in the air and manoeuvre easily. Actually, a drone is a flying robot that can be controlled through a remote and can fly autonomously with software-controlled flight plans installed in its system that work jointly with sensors and a global positioning system. In the armed forces, three Medium-Altitude Long-Endurance Uncrewed Air Vehicles (UAV) developed by DRDO. Rustom has three variants: Rustom-I, Rustom-H, and Rustom-II. With a payload capacity of 95 kg and a length of around 5.12 m, Rustom-II can attain a maximum speed of up to 150 km/h and operate along the LOS.



Gautam Raj
House - Vayu

**Technology like
art is a soaring
exercise of
human
imagination**



Artificial Intelligence in Health Care

THE NEW MIRACLE IN HEALTH CARE

These days, health checkups and diagnosis are regular, and new technologies are created to give patients a more precise diagnosis for any ailment. The healthcare industry is undergoing a massive quantum leap in the era of artificial intelligence. While artificial intelligence has emerged in other fields as a toy for the general population, the health care industry is more grounded in reality than Chat GPT or Alexa. cutting edge and a novel approach to healthcare, namely predictive healthcare is the new approach now a days. How many times will you make it up? What are the chances of arteries becoming congested like the traffic in your city? What are the chances that you have cancer and that you can genuinely trust these predictions?

The main idea is that, with preventive healthcare, medical technology may totally change the course of your body. Prominent Indian corporations, such as Medanta Medicity, are pioneers in this domain. For a country with a population approaching 1.5 billion, India has 1.3 million allopathic physicians. Given that India has varied levels of predictive healthcare and that the ratio is 1:1000, as recommended by the WHO, there would undoubtedly be significant positive effects. We've now reached the point where AI increases access to healthcare. This is achieved through the process of training intricate models inside big data cells, which allows the models to anticipate outcomes when exposed to new data. We are discussing a computer model that determines if a treatment is effective for thousands of patients based on the experiences of those patients. It is an undeniable fact that Artificial Intelligence can do wonders in terms of providing best health care facilities to patients across the world. During the pandemic too, the Ayushman app could help the patients know how close they are to corona infected patients and many more such details.

The point is that medical science can completely prevent your body's destiny by preventive healthcare. In India, leading companies like Medanta Medicity and others are leaders in this field. India has on 1.3 million allopathic doctors for a population touching 1.5 billion. The ratio is 1:1000 well short as suggested by WHO and India has a varying difference with predictive healthcare surely there would be vast salutary affects. Now we come to the point that how AI improves access to healthcare, it is process of educating complex models into large data cells, it lands itself in training process to predict outcomes when presented with new data. We are talking about a computer model that knew about the vulnerability a person to the covid infections during covid times based on its access to other patients who enrolled on the Ayushman app. Many more such facilities have been provided to the patients through Artificial intelligence.

For complex diagnosis like cancer treatment, it is both risky for doctors to take decision in primary or secondary cancer as well for a patient whether the treatment would be successful or not, but AI is developed to search that it can streamline this problem by taking information from number of sources. This includes feeding the AI models with patients' blood test, X-ray images of suspected regions as well as genetic information from a tissue biopsy. Artificial Intelligence is indeed a blessing for the patients and the health care workers.

Cadet Aditya Tripathi
House-Vayu

HOLIDAYS

A TIME FOR REFLECTION AND INTROSPECTION- A TIME TO CONNECT WITH SOCIAL GROUPS AND MAKE FRIENDS WITH COMPANIONS, FRIENDS AND FAMILY

Holidays or off days from office and school are temporary breaks from the routine life and these breaks and pauses hold a special significance in our lives. These special days are mentioned prominently in our calendar and it is during these breaks that we plan our travel, social get-togethers and many such social engagements to bring about the cheers and the charms of breaking away from the monotony and dullness of our everyday routine.

It is important to use our holidays productively. The holidays should not be wasted. In today's fast-paced life of hustle and bustle, we are so immersed in life of responsibility and work routine to do a particular work by a deadline, that we totally forget ourselves and the blessings that life has showered on us. We need to take a deep breath and appreciate the boundless joys which surround us. It is during the holiday that we introspect, retrospect and recalibrate our priorities and acknowledge our values.

In addition to personal reflection, holidays foster connections with family, friends and festive get-togethers. A holiday could be relished with a simple moment of togetherness so as to strengthen the bonds between the two. These bonds and emotional attachments form the foundation of our lives. It is during these holidays that we express our gratitude to our fellowbeings, share our joys, and recreate ourselves with lasting memories with those people who are most important for us.

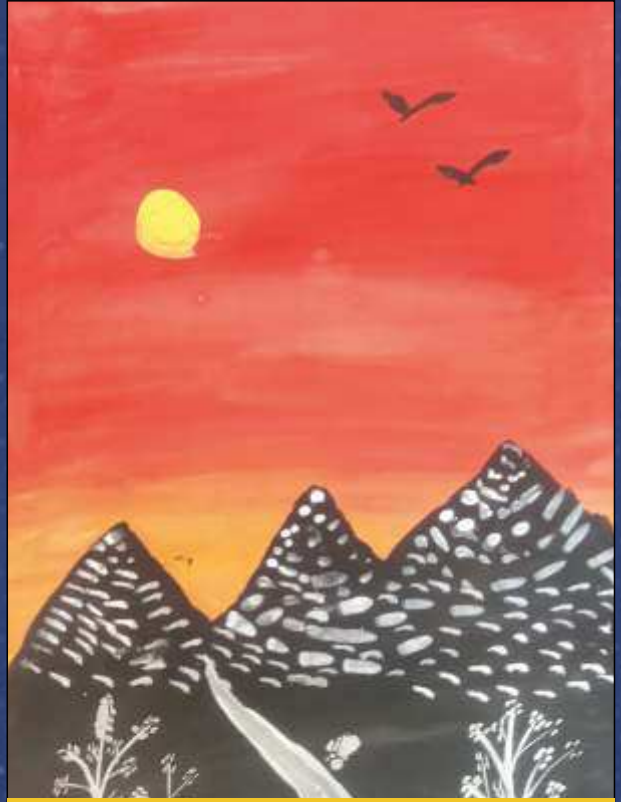
If we consider the cultural relevance of holidays, it has a crucial role to play as far as preserving our national heritage and traditions are concerned. Each celebration carries its unique importance in the realm of customs, rituals and folk lores which are bequeathed as a rich cultural legacy to the next generation. Whether the festival is Diwali, Christmas, Id or any other

religious occasion, holidays form the threads in the tapestry of our collective identity, weaving a story of shared values and experiences for our progeny to relish.

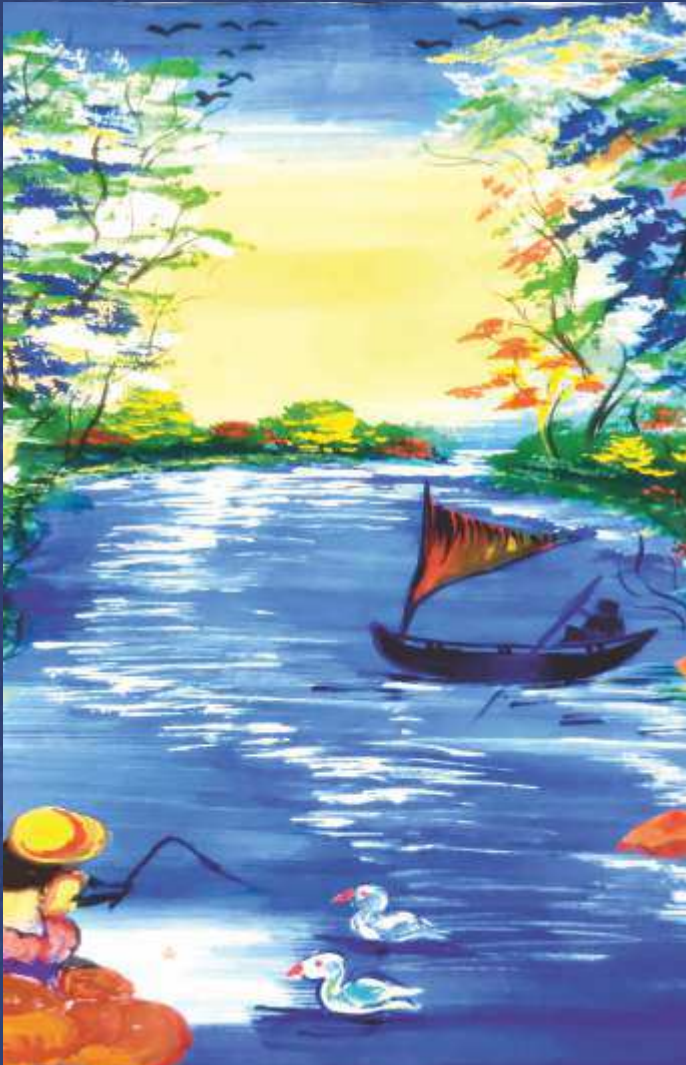
Holidays contribute significantly to the well-being of an individual. It offers the individuals a chance to relax and to reinvent oneself. It is during the holidays that offers an individual the time to relax and engage in leisure activities or pursue hobbies. It is during a holiday that the person takes ample rest not just physically, but mentally and emotionally. One rejuvenates, reenergizes and revitalizes one's energies and forms a positive outlook towards life through adventurous outings which provide a source of happiness. It is exactly the way a phone needs to be recharged with the battery to let it recover its full capability to work effectively.



Cadet Mrityunjai Pratap Singh (Class XII)



Cadet Yashraj (Class XII)



Cadet Pratik Kashyap (Class XII)



Cadet Mayank P. Dongre (Class XII)



Cadet Kavya Gurung (Class XII)



Cadet Naryan (Class XII)



Cadet Ram Sharma (Class XII)



Cadet Yash Magdum (Class XII)



Cadet Vipul Malik (Class XII)



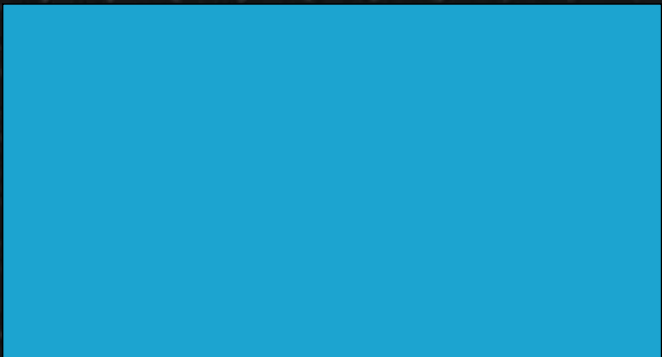
Cadet Subhodip Chatterjee (Class XII)



Cadet Sarndeeep (Class XII)



Cadet Sujjal Chhetri (Class XII)



Cadet Naman Pal (Class XII)



Cadet Rahul (Class XII)



Cadet Prakhar Kumar (Class XII)



Cadet Sarthak Suryawanshi (Class XII)



Cadet Devpreet Singh (Class XII)



Cadet Satyajit



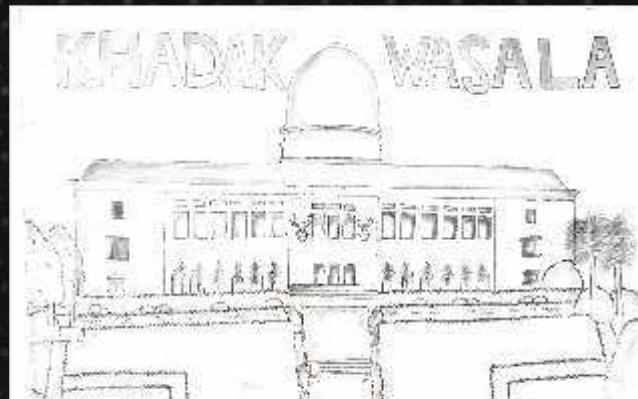
Cadet Ayush Lohar (Class XII)



Cadet Mayank Patel (Class XII)



Cadet Deepak Dev (Class XII)



Cadet Aman Singh (Class XII)

Inter House Volleyball



(L-R) - Cadet Mohit Singh Koshyari, Prajjwal, Tanishq Singh, Animesh Bohra, Mr. Tarun Arora (PTI), Mr. Sandeep Gupta (Director), Col Sudhir Verma (Commandant), Cadet Harsh Sharma, Bhaskar Sharma, Gyanendra Singh Yadav

Athletics



(L-R) - Cadet Satyajit Patwari, Rahul, Saksham Tomar, Mr. Tarun Arora (PTI), Mr. Sandeep Gupta (Director), Col Sudhir Verma (Commandant), Tejsh Saroha, Sanchit Sachin Manjrekar, Gyanendra Singh Yadav

Football



Standing (L-R) : Cadet Omji Singh, Deepansh Srivastav, Animesh Borah, Ankit Fouzdar , Mr. Sandeep Gupta (Director), Col Sudhir Verma (Commandant), Mr. Tarun Arora (PTI), Cadet Jay Kumar, Shashank Kr, Subham Kr
Sitting (L-R) : Cadet Shray Prasad, Prakhar Kumar, Aniket Negi, Shiva Krishna Srinivas Boddula, Rohan Gurung, Kavya Gurung

Basketball



Standing (L-R) : Cadet Tanishq Singh, Sumit Sharma, Mr. Tarun Arora (PTI), Mr. Sandeep Gupta (Director), Col Sudhir Verma (Commandant), Harshit Jhajharia, Sarandeep Singh, Mayank Patel
Sitting (L-R) : Cadet Subhodip Chatterjee, Puneet Nitharwal, Nitesh Kumar Bhati, Nikhil Yadav

Badminton



(L-R) - Cadet Aditya Tripathi, Krishna, Ankit Fouzdar, Mr. Tarun Arora (PTI), Mr. Sandeep Gupta (Director), Col Sudhir Verma (Commandant), Suryawanshi Sarthak Sudhir, Devansh Chaturvedi Yuvraj Nigam

Chess



(L-R) - Cadet Rajveer Yadav, Tanmay Chauhan, Om Sargam, Mr. Tarun Arora (PTI), Mr. Sandeep Gupta (Director), Col Sudhir Verma (Commandant), Devpreet Singh, Pritesh Yadav, Viswapatap Sikarwar

Judo



(L-R) - Cadet Mayank Chourasia, Rahul, Rajveer Yadav, Mr. Tarun Arora (PTI), Col Sudhir Verma (Commandant), Bhaskar Kumar, Mayank Prashant Dongre, Utkarsh Kumar, Vansh Sharma

Shot Put



(L-R) - Col Sudhir Verma (Commandant)
Cadet Rahul, Mr. Tarun Arora (PTI),

Taekwondo



(L-R) - Col Sudhir Verma (Commandant)
Cadet Hardik Kumar, Mr. Tarun Arora (PTI)



PRATHAM PAG - FOUNDATION COURSE CLASS -XII (JAL HOUSE CADETS) , 2023-24

Sitting (L to R) :
Standing (L to R) :
Standing (L to R) :
Standing (L to R) :

Mr. Tarun Arora (PTI), Mr. Dharendra Rawat (Dl), Mr. A. S. Negi , Mr. Rajesh Vaish, Mr. J. M. Kothari, Mr. Umesh Kuniyal, Mr. Manish Sawant (Admin)
Col Sudhir Verma (Commandant), Mr. Sandeep Gupta (Director), Mrs. Divya Aswal Gupta (Dy. Director), Mrs. Manisha Negi, Ms. Suman Pal,
Mr. Deepak Joshi, Mr. Sumit Panwar, Mr. Sachin Gupta, Mr. Pradeep Singh, Mr. Rajesh Kumar
Cadet Akshat Chaudhary, Rahul, Chaitenya Gupta, Animesh Borah, Azeem Ali Saroha, Ram Sharma, Kshiti Singh, Ayush Lohar, Naman Pal,
Yash Sanjay Magdum, Ashish, Harsh Sharma, Shashank Kumar, Aditya Kumar, Tanishq Singh, Mayank Prashant Dongre
Cadet Satyajeet Patwari, Puneet Nitharwal, Ansh Trivedi, Saksham S Rathore, Prakhar Kumar, Roushan Kumar, Gondgire Vinit Vishal,
Ghosalkar Bhargav, Kavya Guring, Omji Singh, Bhaskar Sharma, Tanishk Joshi, Utsav Kr, Yuvraj Nigam, Aditya Choudhary ,
Cadet Ankush Kr, Sumit Sharma, Subhodip Chatterjee, Mayanak Chourasia, Vaibhav Vikarm Singh, Mohit Singh Koshyari, Sudanshu,
Devansh Chaturvedi, Gyanendra Singh Yadav, Prajwal, Anish Kumar, Sujjal Chhetri, Akshat Singh, Utkarsh Kumar, Paras Vashisth



PRATHAM PAG - FOUNDATION COURSE - CLASS - XII (THAL HOUSE CADETS), 2023-24

Mr. Dharendra Rawat (DI), Mr. Ajay Thapa (H. Master-Thal, Mr. A. S. Negi, Mr. Rajesh Vaish, Mr. J. M. Kothari, Mr. Umesh Kuniyal, Mr. Manish Sawant (Admin), Col Sudhir Verma (Commandant), Mr. Sandeep Gupta (Director), Mrs. Diya Aswal Gupta (Dy. Director), Mrs. Manisha Negi, Ms. Suman Pal, Mr. Deepak Joshi, Mr. Sumit Panwar, Mr. Sachin Gupta, Mr. Pradeep Singh, Mr. Rajesh Kumar, Mr. Tarun Arora (PTI)

Cadet Mrityunjai Pratap Singh, Abhiyanshu Solanki, Vipul Malik, Saksham Tomar, Priyanshu Raj, Hardik Kumar, Harshit Jhajharia, Deepak Dev. S, Devyansh Bisht, Aniket Negi, Kamaldeep Singh, Arman Nandi, Gagan Singh Shekhawat, Mayank Patel

Cadet Om Prasad Jayswal, Tejsh Saroha, Devpreet Singh, Alok Raj Garg, Hemant Kumar, Nikhil Yadav, Mayank Patel, Bhaskar Kumar, Sarandeep Singh, B. Shalem Jonathan, Nitesh Kumar Bhati, Ankit Fouzdar, Deepansh Srivastav, Jay Kumar, Naitik Porwal

Cadet Raunak Raj, Krishna, Abhishek Kumar, Prateek Bharwaj, Devansh Pratap Saini, Sarthak Sudhir Suryawanshi, Milan Singh, Viswajeet Soni, Pritesh Yadav, Shiva Krishna Boddula, Rohan Kumar Sahani, Rishab Mishra, Viswapratap Sikarwar

Sitting (L to R) :

Standing (L to R) :

Standing (L to R) :

Standing (L to R) :



PRATHAM PAG - FOUNDATION COURSE CLASS -XII (VAYU HOUSE CADETS), 2023-24

Sitting (L to R) :

Standing (L to R) :

Standing (L to R) :

Standing (L to R) :

Mr. Sunder Singh (H. Master-Vayu), Mr. Dhirendra Rawat (DI), Mr. A. S. Negi, Mr. Rajesh Vaish, Mr. J. M. Kothari, Mr. Umesh Kuniyal,
 Mr. Manish Sawant (Admin), Col Sudhir Verma (Commandant), Mr. Sandeep Gupta (Director), Mrs. Divya Aswal Gupta (Dy. Director),
 Mrs. Manisha Negi, Ms. Suman Pal, Mr. Deepak Joshi, Mr. Sumit Panwar, Mr. Sachin Gupta, Mr. Pradeep Singh, Mr. Rajesh Kumar, Mr. Tarun Arora (PTI)

Cadet Shriwar Singh Nirwan, Navneet Kumar Tiwari, Om Sargam, Arjun Yadav, Aatm Raj, Vansh Sharma, Yashraj, Ashish Sajgotra,
 Shreyas Shashikant Mohite, Subham Kumar, Naryan Dutt, Aditya Dubey, Ayush Bishnoi, Aman Singh, Jagjeet Singh

Cadet Akshay Samotra, Aditya Tripathi, Sidharth Pandey, Tanmay Chauhan, Rajveer Yadav, Tuhi Biswas, Dhruv Rathi, Divyanshu Yadav,
 Gautam Kumar, Priyansh Jaryal, Naman Agarwal, Malhar Balasaheb Mohite, Shray Prasad,

Cadet Hemant Rajora, Deepansh, Deepanshu, Gautam Raj, Adarsh Tiwari, Sanchit Sachin Manjrekar, Aditya Parashar, Rohan Gurung, Asif Ahmed,
 Pottara Likhith, Bhavishya Prajapati, Maanav Kushwaha, Pratik Kashyap, Ankit Singh,



**Faculty
& Staff
Members**

Sitting (L to R) :

Mr. A. S. Negi , Mr. Rajesh Vaish, Mr. J. M. Kothari, Mr. Umesh Kuniyal, Mr. Manish Sawant (Admin) **Col Sudhir Verma (Commandant)**
Mr. Sandeep Gupta (Director), **Mrs. Divya Aswal Gupta (Dy. Director)**, Mrs. Manisha Negi, Ms. Suman Pal, Mr. Deepak Joshi, Mr. Sumit Panwar

Standing (L to R) :

Mr. Sunder Singh (H. Master-Vayu), Mr. Dhirendra Rawat (DI), Mr. Magan Lal, Mr. Ajay Thapa (H. Master-Thal), Mr. Tarun Arora (H. Master-Jal)
 Mr. Pradeep Singh, Mr. Rajesh Kumar, Mr. Sachin Gupta

Farewell Felicitation

Pratham Pag (Course - 01)

EXUBERANCE OF PRATHAM PAG STALWARTS DURING THE FAREWELL RAMP WALK, DANCE, TITLES, AWARDS, MUSIC, LAUGHTER, SNAPSHOTS AND THRILL

The momentous day of 13th April 2024 was a special day for the class 12th Foundation wing cadets who graduated from Sandeep Sir's DDA after the completion of the 2024 academic session. The Pratham Pag admin panel organized a farewell function. The function was to bid a hearty farewell to the class 12th Foundation wing cadets of Sandeep Sir's DDA. The farewell ceremony commenced at 11.30 in the morning with the spicy words of cordial welcome by Ms. Manisha Ma'am blended with light humor, fun, and mellifluous verses that enthralled and captivated the audience. After a cordial welcome of the class 12th Foundation wing cadets, the event was inaugurated by Director Mr. Sandeep Gupta and the Deputy Director Mrs. Divya Gupta with the hallowed lighting of the lamps and the incantations of the divine invocation to Goddess Saraswati. The entertainment show featured dance, song, skit, Ramp walk by the students to blend with the Bollywood music.

The event was declared open by the Director and thereafter, the stage Ramp walk commenced. A roast presentation made the cadets react with a guffaw. The roast presentation demonstrated the birthday celebration of Pratham Pag students with cake cutting ceremony at Sandeep Sir's DDA. A newspaper dance on Bollywood music captivated the audience and cadet Kavya and Pottra Likhith were declared the winners of Newspaper dance followed by another duo dance by Kavya and Animesh-the Pratham Pag cadets. The DDA Director Mr. Sandeep Gupta honoured the cadets with suitable titles to accentuate their personality traits in a humorous way. Special Titles were given to outstanding performers. The title of Mr. Commando was attributed to cadet Rahul. Cadet Yash Magdum earned the special title of Mr. Super Talented. cadet Deepak Dev was conferred the title of Mr. Pratham Pag.

Special Awards for Co-scholastic activities were given to deserving students who performed exceptionally well in their field of expertise. Cadet Deepak Dev was the winner of Spell Bee whereas cadet Gautam Raj and Deepak Dev were declared the class 11th toppers. Cadets Animesh, Gyanendra, Rahul and Puneet won the award for Inter House Volleyball and Cadets Vishwapratap Shikharwar and

Pritesh Yadav won the award for Inter House Chess competition. Cadet Mayank Patel won the prize for Inter House Basket Ball. The Principal Mr. D. N. Thapliyal Sir, the Commandant Col Sudhir Verma, the Deputy Director Mrs. Divya Gupta, the Pratham Pag Director Mr. Sandeep Gupta shared a few words of motivation with the students. Momentos were attributed to the students in the form of their photos in Khaki Uniforms as cadets were then given to all the cadets. A group photo of cadets and teachers for each House - Jal, Thal and Vayu adorned the stage. Cadet Deepak Dev - Mr. Pratham Pag expressed his gratitude to his mentors for their constant support and for the wonderful and momentous farewell.

The function came to a close by a sumptuous lunch for the class 12th cadets, Pratham Pag cadets, faculty and staff members and a rocking dance on the rhythmic beats of Bollywood songs. At the close of the event, a vote of thanks was proposed by the students to express their gratitude to their mentors for the delightful farewell organized for the cadets.

















Credits

Chief Editor

Mrs. Kiran Sharma

Contributing Editors

Mr. Sumit Panwar & Mr. Tarun Arora

Designer

Mr. Anil Bisht

Photographers

Mr. L. P. Thapa, Mr. Anil Rawat
& Mr. Atul Thapliyal

Special Thanks To

Mr. Kartik Tomar, Mr. Kenith George &
Ms. Kajal Jairwal

Scan the QR Code
to watch videos
of all the events held
at Pratham Pag.





“ To be the BEST you need to LEARN from the BEST. ”

On behalf of the Pratham Pag fraternity and Team DDA, we extend our gratitude to all the students and parents who are cooperating with us and helping us accomplish our mission towards being successful in our endeavour of training young minds into capable and valiant personality possessing all the essential skills to be selected as cadets serving their country.

JAI HIND

PRATHAM PAG FRATERNITY
DIRECTORS

Mr. Sandeep Gupta and Mrs. Divya Aswal Gupta
Doon Defence Academy

+91 8266061666, +91 8279640145

+91 7895616868, +91 9897030757

✉ foundationatdda024@gmail.com

🌐 www.doondefenceacademy.com



PRATHAM PAG- FIRST STEP (FOUNDATION)

Opposite Green View Apartments, Near IT Park, Sahastradhara Road,
Dehradun - 248001, Uttarakhand (INDIA)



Follow us on:



प्रथम पग
FOUNDATION COURSE FIRST STEP

Prospectus 2024-25



Apply Now

Scan QR Code to Start
the Admission Process